

Summer 2006

www.kingfield.org

a quarterly publication

National Night Out

Crank out the hot dish, fire up the grill, but leave the dessert to us!

On National Night Out (NNO), Tuesday, August 1, KFNA will be sending a bike brigade through the streets of Kingfield, scooping Sebastian Joe's for all registered NNO street parties! Be sure to register your party with the City by July 11; there is no registration fee, and it assures that your party will be counted in the national event and eligible for door prizes, and that KFNA volunteers will stop by with the cream! You can get more information and register your party at

www.ci.minneapolis.mn.us/nno, or call John Bauman, Operations Manager, Community Crime Prevention/SAFE at 612-673-3447.

Please register your party even if you do not want your street barricaded for the night. If you do want your street blocked off, please note the following changes in the street closure process:

· People who want to close their

streets will be encouraged to use the City's web site whenever possible. Those who don't have web access will be directed to 311.

• Bus routes, county highways, state highways and arterial routes cannot be closed for National Night Out, by the terms of the ordinance. There will be no exceptions.

• SAFE Central staff will be processing all requests for NNO street closure. Public Works is no longer involved.

• SAFE Central will send street closure packets (tape, signs, permits) to those who have been approved for street closure. People will no longer have to pick up tape and signs at fire stations or police precincts.

• Permits to close your street will be issued FREE until July 18! From July 19-27, applications will be accepted, but the permit will cost \$100. No applications will be accepted after July 27...and you'll miss the ice cream, too!

Nicollet-East Harriet Business Association News

In May, the Nicollet-East Harriet Business Association (formerly Kingfield Business Association) met under the leadership of Matt Perry, chair. With a board of directors confirmed, Perry reviewed the proposed association structure and the final steps to incorporation. Most significantly, the Nicollet-East Harriet Business Association is on schedule to apply for Business Association Assistance funding through CPED. This funding will enable local business owners to build their association membership base, and to develop effective communication tools to foster inter-business communication. community interaction and business development. The grant will also allow the new business association to receive administrative support from the Kingfield and East Harriet Farmstead Neighborhood Associations.

intend to be proactive in educating themselves on greater city development plans that will impact local business.

All business owners (homebased or storefront) within Kingfield and East Harriet Farmstead Neighborhood Associations are invited to participate. Go to www.kingfield.org for official association boundaries.

Nicollet-East Harriet Business Association Board of Directors. Chair: Matt Perry, Twin Cities PC MD Vice Chair: Tim Harwig, Frame Ups Treasurer: Bruce Thompson, Triangle Printing

Secretary: Diane Harayda, Metro Dental

At Large Board Member: Mark Brandow, Quality Coaches

Building community, Block by block

Editor's note: While most people think community activities are a great idea, some are stumped on ways to bring their own block together. For the next several issues, we will spotlight activities that have worked for different blocks in the neighborhood. If your block has a community-building tradition, let us know about it! We'd love to include it in a future issue of the Kingfield News.

Kingfield Citizen Patrol

Join over 20 residents walking Kingfield to deter and prevent crime. To become a registered walker go to www.kingfield.org Tuesdays, 7-9 pm, starting location: MLK Park, 4055 Nicollet Ave. Wednesdays, 7-9 pm, starting location: Caffe Tempo, 4161 Grand Ave. Thursdays, 7-9 pm, starting location: Butter, 3544 Grand Ave.

Crime Prevention and Safety Committee 3rd Wednesday of each month MLK Park, 4055 Nicollet Ave. S. Next Meeting: Wednesday, June 21. All residents and business owners welcome.

NRP Phase II Plan approved by you!

The KFNA Board and its NRP (Neighborhood Revitalization Program) Steering Committee presented the Phase II Plan to neighbors in attendance at the KFNA Annual meeting on April 17th. The plan allocates \$770,000 to projects and programs in the neighborhood over the next 5 years, and keeps KFNA operating to initiate and oversee these projects. The City requires that 70% of the funds be spent on housing or housing-related activities. The remainder of the funds are directed toward environmental, crime prevention, and community building projects.

Winter and work can be tough on community. Jobs, school, meetings and extracurricular activities keep everyone away from the house - and from their neighbors. For the past ten years, residents on the 4100 block of Blaisdell Avenue have been bringing their community back together with a great end-of-the-week solution: summertime Friday happy hours.

These gatherings began when JoAnn Lee, a resident on the block for the

past 20 years, got the idea from a friend at work. As she listened to her friend describe an informal driveway happy hour she had attended in Eagan, JoAnn realized that hosting a similar event would be a great way to bring her neighbors together. She ran off some flyers inviting people on the block to show up the next Friday at 5 p.m., BYOB and an appetizer, and a tradition was born.

The idea is simple. Hosts rotate throughout the block. A resident who wants to play host will drag a bunch of lawn chairs into their driveway or front lawn on Friday afternoon, and neighbors who want to participate will mosey over after work, with an appetizer to share and a favorite beverage. Some get-togethers are over by 7, while others last well past sundown.

The frequency of the events has varied over the years, and seems to be related

to whether neighbors remember to keep the evening low-key. At times, block residents have gone overboard with fancy hors d'oeuvres, setting the bar intimidatingly high for the next gathering. Other times, folks have gathered at 5 and hung around until close to midnight, munching chips, quaffing beer, and shooting the breeze. JoAnn's advice: make sure you don't go overboard. The simpler the gathering, the easier for everyone.

Close totwenty business owners have participated in the association so far, and business association members will be implementing strategies to recruit new members over summer the months. Members have already begun discussing joint marketing strategies and planning а business owner c r i m e prevention forum, and

Wentworth Ave. Tree Planting



Mollie Dean and neighbors looked on as her new tree was prepaired for planting. Wentworth residents got together and planted two dozen trees, using NRP funds.

The plan was unanimously approved by the 70+ KFNA members in attendance at the meeting. Upon approval by the NRP Policy Board and the Minneapolis City Council, KFNA will begin implementation of the projects specified for 2006. To review a full copy of the Phase II Plan, visit the KFNA website at www.kingfield.org, click on NRP, and click on Phase II Action Plan--summary on the left side of the page. If you have any questions regarding projects or NRP, please feel free to contact Sarah Linnes-Robinson, KFNA Executive Director, at 612.823.5980 or kfna@email.com.

Aquatennial in the Neighborhood

This year King Park and Kingfield Neighborhood Association have partnered with the Aquatennial in the Neighborhoods for the Kingfield festival. This year's event will be held on Thursday, July 20th at ML King Park from 6:00 to 8:00 p.m.

This years activities will include a human scale bridge project sponsored by Leonardo's Basement and KBP, along with other arts and crafts projects for children, face painting, balloons, music and more. There will be food and ice cream available and fun for all.

-Brian Cornell

About the Kingfield Neighborhood Association

The Kingfield neighborhood runs from 36th to 46th Streets, between Lyndale Avenue and 35W.

The Kingfield Neighborhood Association (KFNA) office is located in The Center for Performing Arts building, room 101:

KFNA Office 3754 Pleasant Avenue South Minneapolis, MN 55409 Phone 612-823-5980 E-mail <u>kfna@email.com</u> www.kingfield.org

The KFNA board meets the second Wednesday of the month at 7 p.m. at ML King Park, 4055 Nicollet Avenue So. The following residents are serving on the **KFNA Board of Directors** for the 2006-2007 term:

Thor Anderson
Darrell Gerber
Shawna Gibson
Peter Hallstrom821.9405
Mark Hinds
Martha Ingram825.4984
Arthur Knowles823.0808
Ben Kristensen822.2312
Erik Lindseth
David Saddoris
Diana Schleisman822.4690
Niki Valens
JobyLyn Sassily

KFNA Staff

Executive Director: Sarah Linnes-Robinson .823.5980 NRP Project Organizer: Joanna Hallstrom.......823.5980x3

Kingfield News

If you are interested in writing, editing, designing, or taking photographs for the *Kingfield News*, call the KFNA office at 823-5980.



Nicollet Lighting on the way

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Street lamps along Nicollet Avenue

Note From the President

On a dark and stormy night in early May, we held our board training as rain drummed over our heads. This "training" was purely a ploy to meet new and returning board members, eat the best fried chicken in town from Nardie's, and brainstorm with black magic marker: How can we make Kingfield even better?

Niki Valens, owner of Victor's 1959 Café, hosted the gathering on her covered back porch. Several other reelected board members joined us. Among them: Ben Kristensen, who brought burgers and beer, and said, of his four years as KFNA's Treasurer, "It's been great." Darrell Gerber rushed in from class at the Humphrey Institute, where he's all-but-biomassthesis, and said, "Lignocellulosic production is great." JobyLynn likes words more evocative than "great." She recently considered a new last name, Sassily Dazzle Adhesive, but wisely shortened it to Sassily. And Arthur Knowles, KFNA's institutional memory, was back, after spending his term-limited year off the board painting a few more houses than usual.

New members attended as well. Kathy McGilvray, director of disability services and a teacher at Bethel College, just moved to the neighborhood from a few blocks north, her tandem bike in tow. Tom Perent is an architect, greening his garage roof this summer. Other new board members: Ryan Raleigh, who works at HUD, bringing a background in urban planning and housing (his wife, Kathy, coordinates the Farmers' Market); Shawna Gibson, a realtor trained in urban studies, who fixed up the house now surrounded by birdhouse fence posts; Ann Bechler-Ingwalson, who works with adolescents in behavioral health services at the U of MN Medical Center, and plans work on a neuropsychology PhD in the fall; and Ed Rachy, who works for Northwest Airlines and essentially lives atop Shortie and Wags' place.

Amid thunderclaps, we tossed around ideas for Kingfield. We wanted to build on KFNA's annual meeting, where we learned about current projects-housing, pedestrian bridge redevelopment, community building through the arts, market, and anticrime walking groups, green projects like tree replanting and s t o r m w a t e r management - and about KFNA's plans for its \$770,000 allocation from



NRP Phase II. Some of us pitched new events: Summer movie and music nights? A Kingfield fun run/walk? Some aimed to improve existing events: an ice-cream brigade at National Night Out? Expand Second Sundays at the Farmers' Market? And

Our list, like our neighborhood, is a work in progress. And in my view, our board is really your board. So if you find yourself holed up on some dark and stormy night, don't hesitate to reach for the black magic marker. We're at kfna@email.com.

we hit hard issues like crime.

homelessness, and transportation.

-Eric Lindseth KFNA President



Thank You!

2006 Business Sponsors: Anodyne Coffee @ 43rd Caffe Tempo Coldwell Banker Burnet Colonial Cleaners Corner Table Fun Sisters Boutique GeeTeez Hawkins Automotive Lander Group Inc. Life Force Chiropractic Mulroy's Body Shop Rau+Barber Ungerman Construction Victor's 1959 Café

"Art is the Key" Business support provided by:

Down With Hazardous Waste!

Open a cupboard in your kitchen, basement, or garage. Read a few product labels. If they contain any of these words - CAUTION, WARNING, DANGER, POISON - those products may contain hazardous materials. Hazardous to you, hazardous to your family and hazardous to our environment if not disposed of properly.

Hennepin County will be sponsoring various neighborhood hazardous waste collection events in the City of Minneapolis this summer, planned in cooperation with the City of Minneapolis and Minneapolis Neighborhood Associations. The neighborhood collection events are being offered to encourage residents to safely and properly dispose of their unwanted garden and household hazardous waste.

The county will accept many household hazardous wastes, including items containing mercury (fluorescent and HID lamps, thermostats and thermometers); pesticides; automotive wastes (fuel additives, starter fluid, waxes); aerosol cans, paint, lead-based paint chips, solvents and thinners; pool, photographic and hobby chemicals; and household batteries. Call 348-3777 with questions on accepted materials or go to www.hennepin.us keyword search: Mpls HHW events. The department emphasizes that business-generated wastes will not be accepted at the collection sites.

BONUS: A free compact fluorescent light bulb will be given to each of the first 100 households that bring waste to the Household Hazardous Waste Drop-Off on June 24, courtesy of the Kingfield Neighborhood Association.

This collection provides residents with a convenient neighborhood location to dispose of their problem wastes. As a year-round alternative to these collections, Hennepin County provides residents with two drop-off facilities, located at 8100 Jefferson Highway, Brooklyn Park; and 1400 W. 96th St., Bloomington. Call the County's 24-Hour Info Line at 612-348-6500 for the hours of operation and materials accepted at these facilities.

-Dave Saddoris

from 36th to 40th Street will be installed by City of Minneapolis crews in June. The project will be accomplished within a few weeks by using directional boring, and will not involve any driving restrictions or street closings. Occasional limited parking restrictions may apply. Anodyne Corner Table The Lander Group Leonardo's Basement The Onion SaHM Design Group

Over 70% of this project is supported by KFNA NRP funds; the remainder is covered by an additional assessment that Nicollet property owners agreed to take on. Thank you, Nicollet property owners, for your support of this project, which will improve the atmosphere and safety of the corridor!

> New street lamps will continue north from 40th St. to 36th St.



HHWD Event Announcement

Household Hazardous Waste Drop Off Day Saturday, June 24, from 9 a.m. to 3 p.m. Minneapolis Park and Recreation Board Operation Center 3800 Bryant Ave. S.

Directions: Enter from the southern-most driveway on Dupont Ave. S./Kings Hwy, between 38th St. W. & 40th St. Follow the signs to the entrance. Please bring your driver's license or Minnesota ID.

This event is sponsored by: Hennepin County Board of Commissioners in cooperation with the City of Minneapolis and the following Neighborhood Organizations: East Calhoun Community Organization, East Harriet Farmstead Neighborhood Association, Calhoun Area Residents' Action Group, Kingfield and Lyndale Neighborhood Associations

Kingfield Farmers' Market Opening Day

This is the sixth year of the Kingfield Farmers' Market, and market organizers are excited to build from the momentum and community buzz surrounding this neighborhood gathering place. The market brings local farmers and artisans to our doorstep, and while we celebrate the local harvest, a neighborhood gathering place is born, a place that neighbors. Also, pose your gardening questions to our very own neighborhood Master Gardeners, Anita Saap and Melinda Ludwizcak, who lead off a whole summer of Master Gardeners volunteering at the Kingfield Farmers' Market.

As the June growing season progresses, stop by for flowers, herbs, $% \left({{{\left[{{{\rm{B}}_{\rm{T}}} \right]}}} \right)$

strawberries, and from there on out, Minnesota comes alive with garden favorites ripening in the July sun.

This year, the market will continue hosting "Second Sunday" festivities and welcomes young and old to join in song, food and celebration. The Kingfield Farmers' Market is a

great asset to this community and we hope you thoroughly enjoy it.



Signature Ice Cream Contest

This season at the Kingfield Farmers' Market, during the July th Second Sunday event, we will serving up a new Kingfield ice im flavor for national ice cream th. In order to make this flavor a hborhood original, we are asking participation from Kingfield lents.

e are looking for creative minds to 1e up with a Name and Ingredients r our 2006 signature flavor. Please ring your entries to one of the first :wo farmers' markets (starting June 11th), or mail or hand-deliver your entry by June 18 to: Kingfield Neighborhood Office -Ice Cream Contest c/o Kathy Raleigh 3754 Pleasant Ave. S. # 101 Minneapolis, MN 55409

Sebastian Joe's will mix up the winning flavor to sample at the July 9th Second Sunday Kingfield Farmers' Market.

The winner will win a free Friend of the Market membership, in addition to a Sebastian Joe's hat, T-shirt, a photo in the Kingfield News and a free triplescoop helping of the winning signature flavor!

Ice Cream Contest Entry Form

Name: _____ e-mail: _____ Address:

Ice Cream Name:

Ingredients for Kingfield's signature 2006 flavor:

Phone Number:

Join the Farmers' Market Marketing Task Force

The Kingfield Farmers' Market Marketing Task Force meets once a month and is brimming with fresh ideas to increase support and interest in our growing farmers' market. Please join the fun. Call the KFNA office for upcoming meeting dates, time & location at 612-823-5980 x3

Mercado de Kingfield

Abrirá el domingo, 11 de junio 9:00a.m.-1:30p.m. 43rd St. con Nicollet Ave. ¡Todos serán bienvenidos! ¿Usted siembra vegetales? ¿Usted tiene licencia de vender tamales, tortillas, salsa, o su plato favorito familiar? Usted puede ser eligible de vender su comida en el Mercado de Kingfield. Por favor pongase en contacto con Kathy Raleigh al número 612-823-5980 x3 para pedir una solicitud de vendedor.

Se hablan ingles y español.

Recome a Eriend

KINGFIELD FARMERS' MARKET 2006 SECOND SUNDAY SCHEDULE

June 11 Opening Mark

Opening Market & Plant Exchange Bring your garden perennials to trade with neighbors. Master Gardeners Exhibit: Composting Special baked goods from Rustica Bakery Live music from a neighborhood favorite: The Rhubarbarians

July 9 Kingfield Community Ice Cream Social

Savor your favorite Sebastian Joe's ice creams,

plus the NEW Kingfield Signature Flavor will be revealed. Come for a sample! Master Gardeners Exhibit: Water Quality

of the Market

This year, becoming a Friend of the Market is easy! Here is what you need to know:

For a one-time \$25 contribution you receive a T-Shirt or Tote Bag and One Ticket to enter our Summer Bounty Drawing.

The Summer Bounty Drawing will be held on Sunday, August 13th (prize includes vendor products and the new 2007 Master Gardener Calendar)!

You can register to become a "Friend of the Market" online at www.kingfield.org or at any Sunday market.

Your contribution will ensure the health and growth of our neighborhood market for years to come!

August 13Corn Husk Days

Back for a second year, Corner Table will be roasting mouth-watering corn on the cob. Master Gardeners Exhibit: Lawn Care The Roe Family Singers will melt you with their melodies.

September 10 Apple Festival

Take a bag of fresh, locally grown apples home. The Minneapolis Grand Café will tempt you with unique goodies. Master Gardeners Exhibit: Ethnic Gardening The Rhubarbarians will put a bounce in your step.

October 8 Kingfield Pumpkin Patch

Bring the kids and choose a great pumpkin to carve. The Roe Family Singers return with music for the whole family to enjoy.

Kingfield Business News

A Smooth Transition at Butter

At a number of local cafes, Kingfield residents can wake up and smell coffee provided to them by their very own neighbors. In January, Dan Swenson-Klatt joined the growing ranks of Kingfield coffee shop owners by purchasing Butter, located at 3544 Grand Avenue.

Dan had dreamed of owning a coffee shop for several years, based on his love of hosting gatherings and a desire to "put food out for folks." With three siblings involved in various aspects of the coffee business, coffee shop talk was common at family gatherings. Dan and his family moved to the 4000 block of Blaisdell two years ago and were inspired by the large number of independently-owned cafes in the area. Then, Butter came up for sale last fall, and Dan decided to take the plunge, becoming a small business owner after twenty years as a middle-school teacher. The sibling expertise has come in handy - Dan's brother now works at the shop, and his sisters stand by with professional advice.

So far, changes have been small but meaningful. Along with coffee drinks and sweets, Butter still offers lunch and light dinner items and brunch on weekends. Dan has been gradually changing and adding recipes, bringing in healthier sweets and hoping to start baking and selling breads, pies and cakes as he becomes accustomed to the equipment and ovens that came with the shop. After a long tradition of creating amazing homemade ice cream and gelato for his neighbors every 4th of July, Dan is working on the logistics of bringing a selection of these treats into the shop this summer.

The ambiance at Butter is also

changing, as rigid seating areas have been replaced with smaller, more mobile tables and chairs to encourage gatherings. Study groups, a book club, and business groups meet regularly at Butter, and Dan hopes that the long counter overlooking Butter's work space will become another convivial spot for patrons to hang out.

As the weather turns nice for walks, keep Butter - and its potential for gelato - in mind!

-Martha Ingram

Dr. Charles Sims: 20+ years of dental health in Kingfield



Presently located at 17 East 38th St., Dr. Sims' dental office has been a permanent fixture in the Kingfield Neighborhood for the past 23 years. Early in his career, Dr. Sims split his time between his dental work for Hennepin County at Pilot City Health Services and his own practice in Kingfield. He presently works full time in his own practice of family dentistry, offering all the basics, including root canals, simple extractions and dentures. He is also on the staff of the University of Minnesota and provides practicum learning to University externs.

Some of his patients have been coming to him for two decades; some drive in from Faribault or Rochester. Dr. Sims is happy to take patients on Medical Assistance. Neighbors are invited to check out his newly remodeled office space.

Dr. Sims first came to Minnesota in 1971 to study at the University of Minnesota and to play basketball under Bill Musselman. His teammates included Flip Saunders, Dave Winfield and Trent Tucker. Today he is active in the "Golden Dunkers", a booster club for the U of M Gopher basketball team made up of former players and business partners.

Thank you, Dr. Sims, for your dedication to the people of Kingfield and to their dental health. You are an asset to this community.

-Mary Vanderford

Minneapolis Meditation Group

112 W. 43rd Street is the new home of the Minneapolis Meditation Group of Self-Realization Fellowship. While the 43rd Street address is new, the group has a history dating back to 1927. At that time a spiritual teacher named Swami Yoganda was lecturing in the region. Following his visit, a group of about 600 students decided to begin meeting regularly to celebrate his teachings.

Swami Yoganda taught extensively in the 1920's and 30's, inspiring a

movement that would eventually become known as the Self-Realization Fellowship (SFR). Followers see the work of Swami Yoganda as universal teachings that illuminate the ancient science of Yoga. Today SFR has centers and meditation groups throughout the world. Their ongoing mission is to foster greater harmony and understanding among those of all races, religions, and nationalities.

Swami Yoganda was from India, and thus, many aspects of his teachings are steeped in the rich tradition of Hinduism and drawn from classic Indian texts such as the Bhagavad Gita. However, SFR embraces and celebrates many elements of the New Testament as well as other spiritual texts. Indeed, many of the structures that one would associate with a Christian church can be found at the Minneapolis Meditation Group. There is a weekly Sunday morning worship service that includes meditation time, chanting, teaching and fellowship. There is Sunday School for kids, and a vegetarian potluck held on the first Sunday of every month.

As the name implies, meditation is the heart of the spiritual discipline that the group embraces. The particular style practiced and promoted by the Minneapolis Meditation Group is called Kriya Yoga. Practitioners claim that it is a highly effective system of yoga meditation whose goal is direct, personal experience of God.

In addition to the Sunday morning service, the Minneapolis Meditation Group offers a variety of tailored experiences such as a Reading Service, an Inspiration Service, a Meditation Service, and so forth. The best way to learn more is to visit their website at *www.srfminneapolis.org*, or call 612-788-8873.

-Thor Anderson

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ց մլոր	Leonardo's Basement Community Build Day Lawn Art	Kingfield Neighborhood Association 3754 Pleasant Avenue South Minneapolis, Minnesota 55409
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mq 8 -ms 9	Mpls Park and Rec. Operation Center, 3800 Bryant Ave. S.	

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Have you seen the new Caroline Woodru mural on Colonial Cleaners? Check it ou



Valid House Waste Drop Off Dav ղոոշ ծոսև Questions: call Michael Vanderford at 612-827-3014 MLK Park, 4055 Nicollet Ave. S. am or pm Spring / Summer Soccer Ages 4-12 ղոու լդ 4301 Nicollet Ave. S. mq 4 -mq 1 Water for yard and play Leonardo's Basement Community Build Day լլ әսոթ 9 am- 1:30 pm 43rd and Nicollet Ave. S. Kingfield Farmers' Market Opening Day II əunc **Calendar of Events**