RAISE SOME DOUGH FOR THE KINGFIELD COMMUNITY BREAD OVEN!
Fri., May 15th, 6-8 PM • Kingfield’s Pleasant Community Garden • 3754 Pleasant Ave. S.

What is this? A stone-soup-style community dinner and fundraiser (get it, DOUGH raiser?!) for this new neighborhood gathering spot, a community-owned bread oven!

KFNA will bring the dough for this event (along with a few sketchily constructed grill-based ovens to cook pizza for the evening)!

You provide the pizza toppings, along with a DOUGH-nation of cold, hard cash, suggested at $10-25 per person or $30-50 per family. (You can donate whatever you want—that’s why it’s called a donation—so if the price is too steep, give less, and if you really want to see this happen, give more.) It’s all tax-deductible when you give to KFNA!

Come spend a great day at the corner of 41st and Harriet in the heart of the Kingfield neighborhood! The Judson Street Fest • Sunday, May 17th • noon to 6 PM.

This year’s Fest will feature the traditional giant slide and bouncy house for the kids, kids’ games, a dunk tank, face painting, Twin Town’s instrument petting zoo, and—new this year—a free magic show that will take place at 3pm on our outdoor stage, with balloon animals available after the show. We’ll have a huge silent auction inside the church, music both inside and outside, and our ever-popular plant sale on Harriet Avenue.

Lots of vendors are lined up, including Molly’s Spring Rolls and Tantalize Sweets and Savories. Our food booth will feature 1,000 Hills Cattle Company frankfurters, black beans and rice, and—as of now—free beer. Now this year we will have it at 4pm.

The Street Fest is a giant neighborhood party sponsored by Judson Church. Come and join and rice, popcorn, and root beer floats. New this year will be pizza at 4pm.

HONEYBEES!
The relationship between honeybees and humans goes back thousands of years, and so we’ve had time to get used to each other. Humans have bred honeybees to be more productive—sort of like the difference between a wolf and a dog. If you see a honeybee in your garden, she is there for your flowers. It is safe to do your work in the garden while she does hers.

Our Kingfield honeybees arrived on a truck from northern California. They came in cages made of wood and window screen—one cage filled with a breed called Carniolan, and another with Italian honeybees. Each cage holds 2 pounds of bees, or about 7 to 8 thousand individuals, plus their queen.

First, Kingfield resident and beekeeper Amy Boland worked with KFNA Project Organizer Cheryl DeGroff to install them in their hive boxes. We are starting out with one wooden box containing ten frames. Each frame holds a sheet of plastic foundation. The honeybees and their queen will set up housekeeping on this foundation. Since Minnesota doesn’t have blooming flowers in early April, we provide sugar syrup and protein-rich pollen supplement for them to eat.

In early May, we will give them the syrup and pollen in a frame. After that, all they need is nectar and pollen that you and I can provide. Our local plants will be done blooming by the middle of May. To make sure they have enough food for the entire season, we need to make sure that they have plenty of nectar and pollen.

We will continue to provide them with nectar and pollen until the end of the season. This will ensure that they have enough food to make honey. Once they have enough honey, they will begin to stale it and store it for the winter. This process is called honey extraction. The honey will be extracted and sold to local beekeepers for use.

Residential Organics Drop-Off Coming to MLK Park on May 12th
The Kingfield Neighborhood Association, in partnership with the Minneapolis Park and Recreation Board and Minneapolis Solid Waste & Recycling, is proud to announce the opening of a residential organics drop-off at Martin Luther King, Jr. Park. On May 1st from 6 to 7:30 PM, an educational meeting will be held at the park for residents to learn more about the drop-off and the citywide organics recycling program. Bring your questions for the city’s recycling coordinator who will be present, and bring your organics, as the new drop-off carts will be on site for the meeting!

Residential organics include all food waste (including food that you shouldn’t throw out, like bones and shells), food-soiled and non-recyclable paper, and other compostable materials such as coffee grounds and filters, cotton swabs, dryer lint, and popsicle sticks. Yard waste and pet waste are not accepted. Residents must drop off their organic materials in a compostable bag (made of paper or certified compostable plastic). Larger items such as pizza boxes and wax-coated boxes do not need to be bagged.

The drop-off will be open to all Minneapolis residents at no cost. For the first several weeks, the drop-off will have designated hours (Tuesdays evenings and Saturday mornings) when volunteers will be on site to answer questions, train new participants, and gather some information from residents using the drop-off.

For more information on the MLK Park drop-off or other residential organics drop-offs and the citywide organics recycling program roll-out, visit minneapolismn.gov/organics.

Kelli Kish, MPS2 Solid Waste & Recycling Coordinator

B-Team Research
We are three students from the University of Minnesota working with the Kingfield Neighborhood Association to find the risks and opportunities for the new community bee hive. Here are some of the things we’ve discovered so far:

How far are the bees going? Bees can travel up to 5 miles every day to collect the pollen they need to produce honey. The Kingfield bees might be traveling all over Minneapolis, plus to St. Louis Park, Edina, Golden Valley, and Fort Snelling to find enough plants. (See map on page 3.)

Is there a lot of competition for pollen? Yes! The city of Minneapolis has more than 50 domestic honey bee hives registered, most of which are located close enough to the Kingfield hives that they need to compete for nectar and pollen. Other cities that the Kingfield bees can fly to do not require permits, and there are no counts of undomesticated bees, butterflies, and other insects that collect pollen, so there are many, many other bees and insects that are using the same pollen sources that cannot be accounted for.

The bees will use this to build honeycomb, collect resin and pollen from nearby trees, and—most importantly—begin raising more honeybees. The majority of the colony is female workers; by midsummer each hive will have grown to perhaps 50,000 insects.

If all goes well this summer, we will add two more boxes of frames and foundation. The girls will need to build comb to fill the entire hive. Starting in June or July, plenty of flowers should be available and the bees will be able to necate into honey. Our goal for this year is for the girls to collect enough honey to overwinter. We don’t anticipate having extra for humans to eat, but it’s a possibility.

Kingfielders can help our honeybees, as well as the native pollinators we find in our yards, by taking a few simple steps. Dr. Marla Spivak of the University of Minnesota famously recommends two steps: Plant flowers. Don’t spray them.

Plant nectar-bearing flowers native to Minnesota, if you can. Plant vegetables. Use organic seeds. If you buy plants, ask the seller whether they’ve been treated with neonicotinoids (neonicots), the pesticide deadly to pollinators. If you don’t hear “no,” don’t buy.

Honeybees will typically fly a 3-to 5-mile radius from their home to find flowers. Native pollinators do not fly very far at all. So the flowers in your yard will feed the native bees in your yard. Watch out for pollinators this summer!

Amy Boland, KFNA Beekeeper

Kingfield’s Annual Garden Tour: Take a Walk on the Wild[flower] Side
Is your garden the perfect spot for butterflies to hang out? Do honeybees drop every time they fly by your yard? You are extra proud of the native plants that thrive on your property? We are looking for you!

This year’s Kingfield Annual Garden Tour, to be held THURSDAY, JULY 9TH, will highlight gardens that encourage all of the wonderful pollinators that live among us. If you are thinking about creating a special place for honeybees, butterflies, and other pollinators this growing season, we would love to have your garden on the tour. Join us in helping to make all of Kingfield a pollinator-friendly neighborhood! Watch for more information about native plants and our Kingfield beehives on our Community Garden Facebook page: www.facebook.com/pages/Kingfield-Community-Gardens.

Live wildly! Volunteer your yard for the garden tour by contacting Cheryl at KFNA: 612.823.5980 or cheryl@kingfield.org.
From the KFNA President

Most cities don’t have neighbor- 

hood-level organizations that work pri-

arily through neighborhood volunteer 
efforts. It takes a lot of different 

interests to make these organizations work. It takes hard work and money, too.

For anyone new to this conversation: Kingfield Neighborhood Association (KFINA) and many of the other neighborhood organizations in our city came out of a neighborhood revitalization process initiated in the early 90s, funded by a stream of TIF (Tax Increment Financing) dollars. Under this program, KFINA used to have funding sufficient to make home improvement grants to improve the existing housing stock, and play a role in funding new development. Those times are gone.

Since the dedicated TIF funding stream has essentially dried up, the majority of our funding now comes directly from the city’s general fund, supplemented by grants we’re able to land for specific projects. Even so, through alchemy and a huge amount of volunteer effort combined with two dedicated but part-time staff, we’re able to make a very modest $5,000 of city money annually into a varied but nonstop network of communication. We do a lot on not that much money, but it does take some money. If the city decides that it knows what neighbors need more than the neighborhood associations do, our work here falls apart.

People are the other un-missable factor here. We need building a strong-minded people to think through the variance requests and building structures that come through KFINA’s redevelopment department. We need the homeowners and shopkeepers on Nicollet Avenue to tell us how road construction and increased traffic impacts the most pedestrian-travelled avenue in our neighborhood. It takes community builders and party planners, neighborhood gardeners, grant writers, and community organizers.

And, for the first time this year, 2015, we’ll be holding KFINA’s annual meeting and election on Saturday, October 3rd, in Kingfield.

The first time, both DJs will be Kingfield residents. I will return as Retirement by djsomething and am proud to be joined by fellow Kingfielder Mad Kampe – better known as DJ Fantasy Restaurant of Flip Phone. Flip Phone have produced some pretty amazing themed events, and So Alive 4.0 looks to be one of those great themed nights.

If you’re interested in joining the planning committee or in volunteering for So Alive 4.6, please e-mail scott@kingfield.org.

PS. By the time you’re reading this, numerous Kingfield restaurants (plus many more in the metro) will have participated in Dining Out For Life to benefit The Aliveness Project. If you didn’t know about this year’s Dining Out For Life, you should be subscribing to the Kingfield weekly e-news. You can sign up at www.kingfield.org. Thanks to all of the restaurants who participated this year in Dining Out For Life!

...and the KFINA Treasurer

Summer is just around the corner, and days of walking through the neighborhood without shivering, or getting snowed on, or slipping on ice are over. Kids are running around on the streets (and our 18 month old desperately wants to be among the 12 year olds running up and down our street). And KFINA and KFINA Facebook groups are alive with complaints.

Which reminds me, in my column here I have often written about how your donation can go a long way toward ensuring continued activity from KFINA. One OTHER way you can donate, of course, is TO VOLUNTEER! All it takes to be a volunteer on an activity really is a few neighborhood volunteers. If you look at this example of this, a group of neighborhood volunteers stepped up to plan and organize the May 16th neighborhood garage sale day, and without them, that day would have just been a regular day. Believe me, your volunteer hours are just as valuable to KFINA as your monetary donations, and—in these upcoming beautiful summer months—can just be as rewarding.

Volunteer alone, as a family, or with some friends or neighbors. Check kingfield.org or interact with neighbors on the Kingfield Neighborhood Association & Kingfield Neighborhood Facebook groups to find something to volunteer for. As a matter of fact, I’m going to try to find a KFINA activity that can utilize a bounce house that I can put for my energetic toddler in for a few hours. Who’s with me?

—Hetal Dalal, KFINA Treasurer

Sponsorship

JARDINERIA URBANA EN SABATHANI

El programa de Jardineria Maestra de la Universidad de Minnesota – el condado de Hennepin ofrece 5 clases GRATIS en jardineria horticultural (vegetales).

DONDE: el Jardín Comunitario de Sabathani 310 East 38th Street, Minneapolis.

CUANDO: los viernes de las 6:00 hasta las 8:00 de la tarde. Las fechas son el 15 de mayo, el 19 de junio, el 17 de julio, el 21 de agosto, y el 18 de septiembre.

TEMAS:
• Que sembrar en su parcela – cuando plantarlo
• Como plantar, separar y devolver
• Como cosechar
• Como arreglar problemas de enfermedades

Usted recibirá unas semillas y plantulas para su parcela. Las clases serán en español.

Lame al 612-547-0910 para registrarse.

Crime Prevention and Safety Actions

On May 16, we will celebrate all of our wonderful Block Leads! Join us at MLK Park on Wednesday, May 20th, at 7 PM to meet fellow Block Leads, to thank your Block Leads, or to learn more about becoming a Block Lead yourself.

In July, we will come out to the streets! Our annual traveling meeting is lots of fun, with treats, games, and information for one lucky block in Kingfield. Interested in hosting this year’s event? Send Cheryl an e-mail for more details.

Stay tuned for information about the September meeting, which will take place at the 911 Emergency Communications Center!

Coaches needed for King Park Little Kids Soccer

We are looking for volunteer coaches to join in the fun and help lead the Little Kids Soccer program at MLK Park again this summer. We work with 4 year olds through 12 year olds, and games are held on Saturdays. The first practice is Saturday morning, 9:30 to 11:30 AM, starting June 13th and running through August 15th. You don’t have to coach all 10 weeks – all we ask is to commit to a cadre of 12 coaches for the summer, with 8 or 9 at any given Saturday morning session. You can come as often as you can.

We will have two training sessions for coaches this year.

Come to either one – a perfect lead up to the lead. In a perfect lead, taught by St. Thomas University Women’s Varsity Coach Sheila McGill.

• Sunday, May 17th, 7 to 8:30 PM, and/or
• Monday, May 18th, 7 to 8:30 PM.

If you can’t coach on the field but want to help in other ways, we also need some help with coordination and organizing the Saturday sessions and for the program as a whole.

Let me know if you’re interested with an e-mail at michael@vanderford.com, or a call on my mobile phone (612:296-9647). 

—Michael Vanderford, Little Kids Soccer Coordinator

SAVE THE DATE: So Alive 4.0 Dance Party Saturday, October 3, 2015

KFINA and The Aliveness Project are excited to announce that plans are underway for a fourth dance party to benefit The Aliveness Project. The Aliveness Project (3808 Nicollet) serves more than 1,700 Minnesotans living with HIV/AIDS. We plan to host the dance party on Saturday, October 3rd, in Kingfield.

The Kingfield neighborhood runs from 36th to 46th Streets, Nicollet) serves more than 1,700 Minnesotans living with HIV/AIDS. We plan to host the dance party on Saturday, October 3rd, in Kingfield.

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The Kingfield neighborhood runs from 36th to 46th Streets, Nicollet) serves more than 1,700 Minnesotans living with HIV/AIDS. We plan to host the dance party on Saturday, October 3rd, in Kingfield.
What kind of threats are there to our bees? One of the biggest concerns for bees is the use of pesticides in the city. We have found that the city’s mosquito termination techniques are done using pesticides that are toxic to mosquitoes, especially the treatment for adult mosquitoes: fogging. The treatment of larval stage mosquitoes, which involves killing them in water, may also be harmful to bees; however, there is not enough information to confirm this. Other pesticides that are used by private gardeners can also be very damaging to bee populations.

What can we do to help the bees thrive? Plant flowers that they will love to eat and will keep them close to their hive! Kingfield does not have many community gardens or much space to plant them, so it is up to all members of the community to do their part. Bees love native plants in particular. When you’re planning your garden this spring, think about the types of plants that bees want to visit, and avoid pesticide use. There’s no way to control what the surrounding area is doing, but making Kingfield an ideal place for bees will help keep them close and keep them safe.

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Volunteer Help Wanted: Outdoor Oven Builder

Job Description: We are seeking a generally handy person, one who looks at his or her falling down garage or cracked front stoop and doesn’t think of calling a repair person. Building stuff does not need to be your work, but the person we are seeking is someone who has built a thing or two that has not fallen down, and who is not intimidated with the thought of, for example, sawing bricks in half and mixing up large vats of concrete! What we can offer you is some consulting and some support with a volunteer who has built five outdoor ovens in the Twin Cities, KFNA staff support for calling and organizing volunteers, and unending gratitude and devotion from many neighbors!

If this sounds like you, PLUS you are basically comfortable with telling and showing other people what to do AND you have about 5 weeks (in which you can designate about 3-4 work days per week to this project) sometime between mid-May and mid-July OR in early fall, then please contact KFNA! You can reach Executive Director Sarah Lennes-Robinson at 612.823.5980 or sarah@kingfield.org to chat about this opportunity.

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MEET THE KFNA BOARD

We asked new KFNA board members to introduce themselves by answering a few questions. 1) What’s your favorite place in Kingfield? 2) Why is it special to you to volunteer in your neighborhood? 3) What’s the biggest perk of serving on the board? 4) Anything weird or fun about you or your family? Below are their answers.

**DAN SWENSON-KLATT**

Nicollet Ace Hardware has been my go-to place since I moved into the neighborhood, has rescued me many times, and has a way of feeling like a small-town shop in a big urban neighborhood. I volunteer in my neighborhood to make connections with neighbors, to find a way to share my passion for this great community, and to build my leadership skills. [The biggest perk is] being able to do something truly meaningful and important. [The biggest perk is] meeting others who are interested in seeing this neighborhood and this city be the best it can be. This will be my 38th season of playing soccer. I’m hoping to make this my injury-free summer!

**ROBERT ROEDL**

My favorite place in Kingfield is... my backyard. I get to chat with my neighbors, and garden and play with my 1.5-year-old daughter. It’s important to be visible in the community so that we can connect to each other. I am big into acting locally because that’s where you see true change. You can make a huge difference on a small scale in individuals’ lives. The biggest perk is knowing all the happenings of the community first (i.e. new art galleries, restaurants, events). We currently have an air hockey table on our dining room wall which is super fun, and my husband, Anthony, is currently harvesting a worm bin in a room upstairs.

**WHITNEY EMANUEL**

My favorite place in Kingfield is... my backyard. I get to chat with my neighbors, and garden and play with my 1.5-year-old daughter. It’s important to be visible in the community to make connections with neighbors, to find a way to share my passion for this great community, and to build my leadership skills. [The biggest perk is] meeting others who are interested in seeing this neighborhood and this city be the best it can be. This will be my 38th season of playing soccer. I’m hoping to make this my injury-free summer!

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The Kingfield Farmers Market Opens May 17th!

Spring is here, and with it comes the outdoor farmers markets! The Kingfield Farmers Market opens May 17th at 4310 Nicollet Ave. S. and will run every Sunday from 8:30 AM to 1 PM through October 25th.

Kingfield is looking forward to a great 15th season with the return of many favorite vendors and the addition of some exciting new farms and businesses. Expect to see spring greens and plant starts when the market opens mid-May, and abundant local produce soon after that, with summer’s arrival. New this year: dried beans, edamame, and jicama! Artisan breads will be packed with local ingredients, fresh baked goods, meats, cheeses, pickles, jams, honey, maple syrup, and handmade crafts.

Each Kingfield market throughout the season will have live music, ready-to-eat breakfast and lunch foods, and hot or iced coffee so you can enjoy a relaxing Sunday morning while you shop your favorite local products. For details on vendors and events, check out our website at neighborhoodrootsmn.org. Sign up for our e-newsletter to receive a list of the vendors who will be attending the market each week!

If you have questions about the market, contact Rebecca Lee, Volunteer Director at 612-207-7893.

It’s time to get excited for another great season of local food in Minnesota! Mark your calendars for Sunday, May 17th, and head to the Kingfield Farmers Market.

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Sara Austin, Jenn Schumann, and Jessica Vetrano

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Empty Bowls Report

February 2015

Thank you to all our friends and neighbors who came out to Kingfield Empty Bowls 2015! It was a very successful evening that brought neighbors together in the middle of winter to share a meal for a good cause: building community while raising funds for Nicollet Square—apartments and supportive services for 42 formerly homeless youth in Kingfield, managed by Square—apartments and supportive services for 42 formerly homeless youth in Kingfield, managed by Square—a family of organizations providing vital services to community members to help them achieve sustainable independence. The event was very successful, painting bowls and making event, and neighbors also made and painted bowls for the event. We were able to raise $10,000 in donations thanks to our many neighbors! Kingfield does not have many community gardens or much space to plant them, so it is up to all members of the community to do their part. We love native plants in particular. When you’re planning your garden this spring, think about the types of plants that bees want to visit, and avoid pesticide use. There’s no way to control what the surrounding area is doing, but making Kingfield an ideal place for bees will help keep them close and keep them safe.

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Looking forward to listening to some great local music and enjoying some beautiful weather on June 18th! We have a need for both musicians and for porch venues. If you are willing to perform music, provide a porch, or both, the weather, being mid-June weather, will be typically gorgeous (we hope!). Neighbors of all types will walk on a guided tour through the neighborhood evening to take in those musicians. And amateur, will be performing acoustic music at their respective homes (or a porch location donated by a neighbor).

What is Porchfest, you ask? Porchfest is an evening of music, walking, and summer. Musicians, professional or neighbors at both events.

Beloved Community event on Saturday, August 22nd, and the playground dedication will be featured at Our Social will be held Thursday, July 16th, at 6:30 PM, that you won’t want to miss: Our 15th Annual Ice Cream

Finally, the park is hosting a couple of special events that you won’t want to miss: Our 15th Annual Ice Cream Social will be held Thursday, July 16th, at 6:30 PM, and the playground dedication will be featured at Our Beloved Community event on Saturday, August 22nd, at 1 PM. Enjoy music, games, rides, food and great neighbors at both events.

We also offer weekly programs and summer events for youth, adults, and families at the park. The Spring & Summer brochures for several parks in this area are also located on the website. From the home page, click Parks & Destinations/ Recreation Centers/ Rec. Dr. MLK Rec Center/ Activity Guide. The guide will have a complete list of summer programs and I encourage you to see what’s going on, brochures are also available at the park.

Fingers crossed for great weather and great finds!

Find this article too late to organize your own sale? You would’ve learned about this event weeks ago had you been receiving the weekly e-news from KFNA. Sign up at www.kingfield.org and you won’t miss out on all the awesome happenings in Kingfield!

A big thank you to our neighbors who volunteered to help with creating the map, marketing, and distribution. It saves KFNA quite a bit of money to have citizen-led events like this sale.

SAVE THE DATE: PORCHFEST 2015 • June 18th, 6-9pm
Attention neighbors, musicians, and porch owners! This is a call to SAVE THE DATE for a new Kingfield neighborhood event: PORCHFEST 2015.

What is Porchfest, you ask? Porchfest is an evening of music, walking, and summer. Musicians, professional or amateur, will be performing acoustic music at their respective homes (or a porch location donated by a neighbor). Neighbors of all types will walk on a guided tour through the neighborhood evening to take in those musicians. And the weather, being mid-June weather, will be typically gorgeous (we hope!).

We have a need for both musicians and for porch venues. If you are willing to perform music, provide a porch, or both, please contact mark@kingfield.org.

Looking forward to listening to some great local music and enjoying some beautiful weather on June 18th!

SUMMER FUN AT MLK PARK!

We are gearing up for summertime at Rev. Dr. Martin Luther King, Jr. Park with camps and programs planned to keep your kids busy. The gym, computer lab, and game room are open most every day, so just call down and see what is available. The park is teaming up with local partners to offer a series of half-day camps scheduled throughout the summer, running Monday through Thursday at a cost of only $40.00 per camp. Space is limited, so register now at www.minneapolisparks.org.

Be sure to check the catalog for many more camps and classes!

KINGFIELD RUMMAGE SALE

The 17th Annual Kingfield Rummage Sale will be held on Saturday, May 16, 9 AM to 2 PM. The cost to participate is $10 per household or $25 for an entire block, which helps KFNA promote your sale. As always, KFNA will print and distribute rummage sale maps in the neighborhood and online, as well as market the sales with signage and social media.

If you’re shopping the sales, stop in at Butter Bakery Cafe, Curran’s Restaurant, ColorWheel Gallery, Nicollet Ace Hardware, or Royal Grounds the day of the sale to pick up a map, or check out kingfield.org the day before the sale to plan your route.

Registration is due by 9 PM on Tuesday, May 12th. Registration forms and maps can be found at kingfield.org/category/rummage-sale/

Registration and maps can be found at kingfield.org/category/rummage-sale/