

Meet Our New 5th Precinct Inspector Eddie Frizell



Eddie Frizell serves our community as the new Inspector of Precinct 5. I called on a recent Wednesday morning to introduce myself, expecting to get a bureaucratic screening of who I was and what I wanted, but instead was transferred directly to his desk where he picked up the phone. I explained that I work for one of the neighborhoods in his precinct and was interested in introducing him to the community via our newsletter. As he cheerfully began to talk my ear off, I was a little stunned by his accessibility!

I asked the Inspector what I should call him, and he said his given name is Eddie: He said that being a farm boy from Iowa there was very little pretense, and even the name Edward was too formal for where he was from. I asked how he got appointed to the position of Inspector, and he gave me an overview of the structure of the police department, which, I have to admit, was a bit of a mystery to me.

Frizell explained that individuals need to complete a two-year law enforcement degree to be eligible to take the POST Test (Police Officers Standard and Training). They need to pass this test to be eligible to apply to any police department in the State. Once you are selected by a particular City for their department, you get sworn-in and your license becomes activated. Then you embark on a series of trainings, including a 15-week Police Academy, a 4-month field training “internship,” and a 6-month probation period before becoming a full officer.

Street Officers, according to Inspector Frizell, can be promoted along two separate but equal pathways to Sergeant or Investigator. While Investigators cover specific types of crimes for the entire City (such as Fraud, Homicide, or Narcotics), a Sergeant still serves as a Street Officer with the added responsibility that they “police the police”; it is a position of tact, according to Frizell, that not many officers choose to take. It is the path Frizell selected.

Lieutenants oversee the Sergeants and Street Officers. Achieved through promotion, following a test and after at least 3 years as an Investigator or Patrol Sergeant, the Lieutenant is a sworn supervisor (at the precinct or unit level) of the Minneapolis Police Department. This person also often partners with civilian safety experts as a “Sector Lieutenant,” and together these two serve as the “face” to the public. Lieutenant Jack Kelly fills this role in the 5th Precinct currently.

Captain is as high as you can rise in the police department by promotion. A Captain manages the operation of a division of the Minneapolis Police Department and does not operate at the precinct level. Currently Minneapolis has three Captains that handle criminal investigations, internal police administrative policy and procedures, and special operations including Canine and SWAT.

Then there is Eddie, as the Inspector. Eddie Frizell was appointed by Police Chief Dolan as the Inspector of the MPD’s Fifth Precinct, which encompasses the southwest region of the city (replacing Inspector Kristine Arneson who is now the Inspector for the First Precinct). Inspector Frizell began his career with the MPD in July 1993 and served as a Patrol Officer in the 3rd Precinct for years. His responsibilities with the Department until he was promoted to Lieutenant in 2007 were varied, but when I asked him what he had really done to be named as Inspector, he itemized a few pretty big accomplishments.

Frizell was one of the first Minneapolis Community Response Team (CERT) Officers, a program which educates people about disaster preparedness for hazards that may impact our community. Additionally, he helped establish the mounted patrol and served with that unit for 10 years; he still looks at those horses with pride and, it sounds from his voice, with a bit of nostalgia. Frizell’s most recent assignment was commanding the Minneapolis Police Academy. Frizell was also a Hostage Negotiator for the SWAT team. His education includes a BS from the University of Iowa and a Masters from Augsburg College, and he is also a graduate of the prestigious Federal Bureau of Investigation (FBI) National Academy.

I asked Eddie how his job was different as an Inspector, and he said he had actually been covering the duties of a Lieutenant in the Whittier neighborhood who had retired last week. He struck me as the kind of officer who not only thought this was fun, but really enjoyed connecting to his work at a base level. In thanking him for his time, I asked if he would proof this article to make sure I understood the ranking and system of the Police Department. He laughed and said he would do so anytime, as he works 24/7. From how easy it was to reach him on the phone, and how much time he took to talk about his work and the Department with me, I believe he does put his whole self into his job. I am excited that he is working for the 5th Precinct as I believe his accessibility and openness will serve us well as citizens.

– Sarah Linnes-Robinson

Come meet Inspector Frizell in person! He is the Keynote Speaker at the KFNA Annual Meeting, Mon., Apr. 19 at 7 PM • MLK Park

RIVERLAKE GREENWAY NEARS COMPLETION

The RiverLake Greenway will extend across the breadth of Minneapolis by the end of this year, as the remaining portion of this 4.5-mile bike-pedestrian route is built to the Mississippi River. Construction is expected to begin this spring on the latest extension of the Greenway that already stretches between Lake Harriet and Interstate 35W.

The Greenway project was conceived in Kingfield in 1996, and construction of the first 10-block stretch began in Kingfield in 2003. Its extension to East Harriet was constructed a year later, and after this year the River to Lake connection will be complete.

“This was truly a resident-inspired project,” said Eighth Ward City Council Member Elizabeth Glidden. “It’s about changing behavior,” she elaborated, noting that some Greenway features are on the cutting edge for giving bikes priority over cars.

In our neighborhood, the Greenway incorporates bike lanes and traffic calming bumpouts where floral beds flourish. The newest section will bisect four neighborhoods with some of the most innovative bike facilities in the city. For example, a 35-block stretch of East 40th Street, between 35W and Roosevelt High School, will get one of the city’s first bike boulevards: a shared roadway on a regular city street that is optimized for bike travel.

It will give cyclists priority as through-traffic, discourage cut-through motor vehicle use, incorporate traffic slowing measures, and add green space. Other areas of the new extension will resemble the Kingfield section, with dedicated bike lanes. Sharrows, shared car and bike lanes with special pavement markings, will complete the easternmost segment between Minnehaha Avenue and West River Parkway.

“Pedestrians and residents are going to see a lot of positive changes as a result of the bikeway,” said Council Member Sandra Colvin Roy, whose 12th Ward encompasses the Greenway’s eastern end.

The project’s design and construction, overseen by city transportation planner Donald Pflaum, are funded by a \$1 million federal grant, \$400,000 in special federal aid for non-motorized transportation pilot programs, and \$630,000 in city funds.

The last phase of the RiverLake Greenway project, as yet unscheduled, will install a new pedestrian bridge for the Greenway over 35W that meets current standards.

– Steve Brandt



DOG PARK FEVER: the neighborhood is heating up with it!

Neighbors from Bryant, Tangletown, and Kingfield have bonded in their desire to create an off-leash dog park at MLK Park, 4055 Nicollet. A Core Team of folks is developing a proposal to present to the Park Board, to demonstrate the need and desire for this use in our local park. Catch the fever and stay in the loop! Contact KFNA at info@kingfield.org or 612.823.5980 and ask to be added to the Dog Park list; the Core Team will be in touch throughout the summer as they organize events and drum up support for the concept.

KFNA Annual Election & Smorgasbord!

Monday, April 19 at MLK Park (41st and Nicollet)
6 PM Snacks and Social • 7 PM Meeting and Elections

Stroll on down to MLK Park, hot dish in hand if you care to, and enjoy a sampling of tidbits and tasty treats made with care by your neighbors and by local restaurants, including Victor’s 1959, Anodyne, and Butter! Fill your plate, catch up with neighbors not seen since the ice went out, and join in the 7 PM annual KFNA membership meeting.

Learn about what is going on in your neighborhood, what will be happening, and how you can be a part of it all! Six officers will be elected to the board for 2-year terms. Questions regarding KFNA, its operating procedures, responsibilities, and mission can be directed to Sarah Linnes-Robinson, KFNA Executive Director, sarah@kingfield.org or 612.823.5980.

Free childcare is available from 6:45-9 PM for kids ages 5-12 by Leonardo’s Basement. To guarantee that it’s available, however, please pre-register by contacting KFNA. We will need parent’s name & contact information, including phone number and e-mail, plus each child’s name and age.

From the KFNA President – KINGFIELD WANTS YOU!



Actually, if you are reading this, Kingfield probably already has you, in a sense. Because if you are reading this, you are likely a resident or Kingfield business owner, and that means that you are already an official member of the Kingfield Neighborhood Association. Congratulations! I mention this because one of the many benefits of being a resident of Kingfield, and thus a member of KFNA, is that you are privileged to attend and vote at the upcoming annual meeting.

As is announced on the first page of this Newsletter, the annual meeting in April is a gathering of the neighborhood, at which we sample food from local restaurants and residents like you, address some business issues for KFNA, if necessary, and also elect new members to the KFNA Board, the people who will guide the neighborhood association for the following year. This year six spots are up for election on the thirteen member board. Please come to the annual meeting, meet your neighbors, make connections, find out what the board has been up to for the past year, and help decide the future of the neighborhood association.

But wait, there’s more: As a resident of Kingfield, or as an owner of a Kingfield business, you not only get to vote, you get to run. That’s right; you could be one of the lucky thirteen! In all seriousness, the future and the vitality of KFNA depends on engagement from the neighborhood. I have been truly inspired by the commitment and energy that I have seen on the board in my few years of service. But for KFNA to survive and thrive, it needs new people with a passion for making Kingfield a great place to live to become involved with us, whether as a board member, a committee member, or a volunteer. To help you learn about how you can become involved, one of our board members has volunteered to host a party at her home. I urge anyone who cares about the neighborhood to stop by, whether you are interested in becoming a board member or just curious about what it means to be on the board. The details are as follows:

KFNA Board Recruitment Party • Wednesday April 7 at 7-8:30 PM
Home of Marie Wolf, 4241 Garfield Ave. S.
Call 612.823.5980 to RSVP. All with an interest in the organization are invited

I hope to see you at Marie’s on April 7, at the Annual Meeting on April 19, and around the neighborhood.

– Chris Sur, KFNA President

Support a Kingfield Nonprofit and Your Local Restaurants: Dine Out for Life!

Looking for an excuse to hit your favorite local restaurant? On April 29, restaurants all over Minnesota will take part in Dining Out for Life, a benefit for The Aliveness Project, our local community center for people living with HIV/AIDS and their families. A number of Kingfield restaurants are participating, and The Aliveness Project is now a Kingfield organization as well.

As The Aliveness Project celebrates 25 years of service to HIV-positive Minnesotans this fall, it moves from the Central neighborhood, at 38th and Chicago, to a new Kingfield location at 3808 Nicollet. “We’re excited to relocate,” commented Joe Larson, Executive Director of The Aliveness Project. “The Kingfield neighborhood property will provide an accessible site for our members, and we’ll have much more space to serve their needs. It’s now a matter of raising funds for the renovation.”

The Aliveness Project grew out of a group of friends who began meeting for potluck meals in the early years of the HIV/AIDS epidemic. Today, the Aliveness Project is one of the nation’s only community centers for HIV-positive individuals. In 2009, it served nearly 1,600 Minnesotans with hot meals, a food shelf, integrative therapies, health seminars, holiday baskets, and case management. Thanks to a dedicated army of supporters and volunteers, all services are free.

You can support The Aliveness Project’s work by bringing your friends and family to a Dining Out for Life restaurant on April 29. Here in Kingfield, participating restaurants include **Victor’s 1959 Café**, 3756 Grand Ave. S., and **Anodyne Coffeehouse**, 4301 Nicollet Ave. S., who will both donate a percentage of the entire day’s sales. **Grand Cafe**, 3804 Grand Ave. S., will participate for both lunch and dinner, and **Curran’s Family Restaurant**, 4201 Nicollet Ave. S., and **The Craftsman** (4300 E. Lake St., not in Kingfield, but Kingfield owned and cheffed) will donate a portion of their dinner sales. Visit www.diningforlife.com to see particulars, such as the percentages of proceeds that each restaurant will donate. You’ll also find any new additions to the participating restaurant list.

Want to do more? Join the Dining Out for Life team as a volunteer ambassador. The Aliveness Project sends over 400 ambassadors out to participating restaurants on April 29 to thank diners and answer any questions about The Aliveness Project. Dining Out for Life can be an easy and fun service activity for families.

Dine Out. Do good in Kingfield this April 29 by volunteering and eating local! For more information about Dining Out for Life or The Aliveness Project, visit www.aliveness.org or www.diningforlife.com.

PLEASE NOTE: Many of these same great restaurants will participate in Kingfield’s own Eating for Art on Thursday, September 16th! (More info coming in the summer “KFNA News”!)

SAVE THESE DATES! On these special days, or anytime you need a break from home cooking, remember to support your local businesses which are a vital part of our community.

About the Kingfield Neighborhood Association (KFNA)

The Kingfield neighborhood runs from 36th to 46th Streets, between Lyndale Avenue and 35W.

KFNA Office Location:
The Center for Performing Arts
Room 101 • 3754 Pleasant Ave. S.
Minneapolis, MN 55409

Phone..... 612.823.5980
E-mail..... info@kingfield.org
Website www.kingfield.org

The KFNA board meets the 2nd Wednesday of the month at 7 p.m. at Martin Luther King Park, 4055 Nicollet Ave. S.

2009-10 KFNA BOARD OF DIRECTORS:
Alex Bauman..... 612.875.1951
Robyn Bipes
Scott Bordon..... 612.827.1868
Mark Brandow 612.306.0044
Chris DeParde – *Vice President*..... 612.823.0182
Arthur Knowles 612.823.0808
Destin Nygard
Marshall Onsrud..... 612.823.6226
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Dave Saddoris..... 612.396.3472
JobyLynn Sassily-James – *Treasurer*
Chris Sur – *President*..... 612.377.0544
Marie Wolf – *Secretary* 612.824.3262

KFNA STAFF:
Executive Director:
Sarah Linnes-Robinson..... 612.823.5980

KINGFIELD NEWS
If you are interested in writing, editing, designing, or taking photographs for the *Kingfield News*, call KFNA at 612.823.5980 or email at info@kingfield.org.

YOUTH & SCHOOL COMMITTEE NEWS

Interested in making Kingfield an even better neighborhood for youth and families? The KFNA Youth and Schools Committee, started in 2009, values your energy and ideas! Join us for a committee meeting each 4th Monday of the month at 7 PM at the King Park Recreation Center. Share your passion and help plan youth and family events for Kingfield neighbors! The next two meetings are scheduled for March 22 and April 26.

Recent discussions have introduced the idea of a families bicycling event or club. Or maybe soccer is your game —help plan King Park summer soccer for kids. We also discuss issues important to families, including working with our newly assigned school, Lyndale Community School.

Get your whole family involved in the neighborhood: Youth and Schools events are for kids, parents and friends. Upcoming events include free family movie nights at MLK Park and Earth Day clean up at the park. (See “Calendar of Events” on page 4 for more information.)

Curious about Lyndale Community School? Watch the Video!
The Kingfield neighborhood now has a guaranteed community school, and neighbors are excited. Visit www.youtube.com/watch?v=QaHKqlzdAwg to hear teachers, students and the principal share their passion for Lyndale Community School. The video was created by Lyndale parent and Kingfield resident Laura Stokes Thompson.

Gardening Classes for Kingfield Urban Gardeners

Part 1: Get the Dirt on Soil!
Thursday April 8, 7-8:30 PM, MLK Park
Includes components of good soil, how to test soil, how to amend soil, what organic means, how to mulch and compost.

Part 2: Growing Great Vegetables.
Thursday April 15, 7-8:30 PM, MLK Park
Includes how to plant many kinds of vegetables —when to plant, common problems and how to deal with them, succession planting.

Intended for gardeners planning on being involved in the Kingfield Community Gardens. Limited to 25 people per session; sessions are independent of each other. Zero cost for participation; free will donations will be invested in our community gardens! Classes taught by a Hennepin County Master Gardener in collaboration with the Urban Gardener Program at Sabathani.

All gardeners applying to participate in a community garden can register for classes by contacting KFNA at info@kingfield.org or calling 612.823.5980. After April 1, class registration is open to all Kingfield neighbors. Just contact us and we’ll let you know if there is still room!

KINGFIELD BUSINESS BRIEFS

UP AND RUNNING:
SUGAR SUGAR • Newest sweet spot on 38th and Grand. Feed your inner child with hard-to-find nostalgic treats, from Red Vines to Chiclets, or find gourmet chocolate and macarons for the sophisticated you. Open Tues. to Sat. 11-7; Sun. 12-5; Closed Monday. 3803 Grand Ave., 612-823-0261. www.sugar-sugarcandy.com

JUST OPENING:
JARDIN MAGICO • A brand-new building at 39th and Nicollet is the second location for this bilingual day care and preschool (established in 2002 in the Longfellow neighborhood). Call 612-360-3196 for more information, or visit www.jardinmagico.org.

CAN’T WAIT:
PATISSERIE 46 • Alsatian tarte flambée and Liege waffles come to Kingfield! Plans for this French-style bakery and café include a breakfast and lunch menu offering soups and sandwiches, coffee, artisan breads, an assortment of pastries, cakes, and ice cream. Look for it to open sometime in March, at the corner of 46th and Grand Ave. Follow on Twitter: twitter.com/Patisserie46.

Thanks to Roger Worm from the Nicollet-East Harriet Business Association (NEHBA) for his contributions to this article. For more information about these businesses and other business news happening in Kingfield, please visit www.nehba.org.

Home Energy Workshops & Assessments Returning to Kingfield

Kingfield homeowners rallied together last fall to make the Community Energy Services (CES) residential energy assessment program a huge success. More than 255 homeowners joined forces and attended workshops to learn techniques to save money and energy in their homes. With customized visits to each household underway, these homeowners are receiving a \$400 package of materials and services for a co-pay of only \$20, which the Kingfield Neighborhood Association reimburses after the home visit is completed!

Due to the intense interest from Kingfield homeowners in this program, a second round of workshops will be held at Pilgrim Lutheran Gymnasium (3901 1st Ave. S) on both Thursday, March 18th, 6:30 – 8:30 PM, and Saturday, March 20th, 10 AM – Noon. March workshop participants will

Name Your Flavor!

Remember the days of Nicollet Pothole? Dark chocolate ice cream and dark fudge, with a sea salt edge and a smattering of toffee gravel? The first ever ice cream, as far as we know, to effectively be used as a lobbying tool to hustle up a street repaving project! Sebastian Joe's mixed up that wonderful concoction in honor of Kingfield and donated it to us for National Night Out last year...who could ask for better neighbors than this amazing locally-owned ice cream company?

BUT...it is now 2010, and with Nicollet Avenue improvements in the planning process, we need a new flavor for a whole new decade. What flavor and name will identify and unite us this year? What tastes will remind us, long into the future, of the year 2010? Who gets to decide? Well, for the first time, YOU get to decide...you and your neighbors, that is!

Here's how it works: The block that has the most cumulative households participating in the 2009-2010 Energy Efficiency Workshops (both the fall '09 and spring '10 sessions) will be invited to visit the Sebastian Joe's Ice Cream Commissary. Your block will get to tour the facility, meet the owner, and sample whatever goodies are being made that day! Additionally, you will brainstorm the ingredients and a name for the 2010 Kingfield flavor and cast votes for the winner. Sebastian Joe's will donate a batch of your own flavor to be scooped at National Night Out across the neighborhood!

Pretty cool, huh?!

So what do you do? Well, if you've already participated in a workshop, there's still time to get more of your neighbors involved. It has been proven that your neighbors will be more likely to attend if YOU ask them, rather than me. And if you haven't participated yet, you still can! Workshops are being offered in March on the 18th and 20th, so register now at (612)335-5869 or arobertson@mnccc.org, and call the KFNA office at 612.823.5980 to get materials to hand out to your neighbors to encourage them to attend too. We need your help to grow the green environment in Kingfield...and you can make your mark in Kingfield with a signature 2010 flavor, as well!

Note: The winning block will be announced at the KFNA Annual Meeting on April 19. In case of a tie in the number of households participating per block, a coin toss will determine the winners.



Opera for the Young

The community is invited to see the opera at Lyndale School!

The student choir and student actors will join the opera company Opera for the Young in a performance of *Rusalka*, a *Mermaid's Tale* on Tuesday March 23rd at 9:30 AM. This opportunity gives students the chance to see, hear, and participate in an opera performance and brings the world of classical music to children in ways they can relate to. This opera company has been performing at Lyndale School for five years.

receive the same package of materials and services, which includes a home visit (taking approximately 1 and ½ hours) from two energy professionals from the Center for Energy and Environment. The professionals will perform a blower door test to measure air leaks and install energy and money saving materials, such as compact fluorescent light bulbs, set back thermostats, low-flow showerheads, gasket seals, safety caps, and pipe insulation. Additionally, a personalized energy use inventory for the last 12 months and feedback for the next 12 months is provided, as well as information on financing, incentives, and rebates for those wishing to complete larger energy-saving projects.

Lola Schoenrich is a Kingfield homeowner who has already participated in a workshop and assessment. She said, "The home visit crew was terrific. They were incredibly

knowledgeable and showed me a number of ways I can reduce my energy use and save money in my home."

Homeowners need to attend only one of the March workshops to receive a home visit and materials. For more information or to RSVP, contact Ashley Robertson at (612)335-5869 or arobertson@emncee.org.

The Kingfield Neighborhood Association has teamed up with the Center for Energy and Environment, CenterPoint Energy and Xcel Energy through a grant from the Environment and Natural Resources Trust Fund to offer Kingfield homeowners this full-service residential energy program

Thank you Kingfield Neighbors and Businesses for your amazing support of KFNA and the work we all do together to build a better connected, actively engaged neighborhood! As a result of our fundraising request in December, and in spite of a national financial crisis, neighbors and our small business community donated almost \$8,000 to KFNA, your neighborhood nonprofit.

This is an impressive and important amount of money to KFNA. For example, this amount of money can cover a large portion of KFNA's communication costs for an entire year including web page and e-mail list development and maintenance, and production of 2-3 issues of this quarterly newsletter. Alternatively it could be used to cover the annual insurance for the organization and permits for our off-site events and activities, rent and office operations for the year, and the cost of bookkeeping and payroll services.

Needless to say, looking at those numbers, we run a pretty streamlined organization that is largely fueled by volunteer power. For this, we are also very thankful, for our volunteer hours even outweigh the cash contributions from 2009! Thank you all!!

KFNA appreciates your support and welcomes your tax-deductible gifts at any time of the year. Contributions can be made online at www.kingfield.org or mailed to the Kingfield office, and 100% will be spent to improve your neighborhood!

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DODGEBALL IS BACK

Kingfield/MLK Adult Dodgeball Teams Are Forming Now

If you missed it the last few years, now is your chance! In an effort to build connections between a wide assortment of community stakeholders, KFNA is once again working with the Minneapolis Park Board to organize a Spring Adult Dodgeball League. Dodgeball was such a smashing success that the league has expanded at MLK Park to Tuesday and Friday nights and Sunday afternoon! The season runs from mid-April through early June.

By the time this newsletter comes out, team registration will already be in progress but KFNA has 4 spots reserved for newly formed teams, or you

A Testimonial of an Awkward Grinder

From the north of Kingfield beckons the Awkward Grinders. A grouping of five homesteads from Pillsbury and 36th (plus a stray from just north!) forms a collective of arm shatterers. Brought together through geography, strengthened through three years of battle, this dozen or so have formed camaraderie beyond the mere wood courts of MLK Park. This time of year you will find the teammates watching the Super Bowl together, or waving as they transverse the unplowed streets and groomed sidewalks to their residences. But soon, once again, the weather will turn and the Grinders will once again throw. – D.S.

Editors' Note: The Awkward Grinders are a group of neighbors who began playing dodgeball together 3 years ago. As you can tell from the above testimonial, the bond is thicker than just the ball and the team spirit carries these neighbors throughout the year, building community on their block as well as at our park! What does your block do to build community? Call KFNA and tell us about it to inspire other blocks, and give us fodder for future issues of the "Kingfield News"! Contact sarah@kingfield.org or 612.823.5980.

How to Apply for a Community Garden Plot

1. **Pick up an application** outside the door at the KFNA office: 3754 Pleasant Avenue South (Center for Performing Arts building) or get one online at <http://kingfield.org/green/community-gardens>.
2. **Submit your completed, signed Agreement** and all required fees by March 15, 2010, to: KFNA, 3754 Pleasant Avenue South, Minneapolis MN 55409.

DETAILS: A Personal Plot (10x10) is \$75/season; Personal Plots receive an end-of-season rebate of \$20 after the Garden Coordinator verifies the final clean-up of your plot; Half Plots are available (5x10 – Van Nest only) for \$40/season; Half Plots receive an end-of-season rebate of \$10; Scholarships are available for low-income residents (50% off fee) and end-of-season rebates are \$10; Supporting Gardeners do not pay a fee.

Plots will be assigned by lottery the first year. Applicants will be notified by April 1, 2010, if they will receive a plot. Those not selected will have their application fee returned. Gardeners selected will be required to attend (or send a representative to) a Garden Organizing Meeting on the morning of April 10, 2010, time and location to be announced. Each Gardener is required to perform 1 hour per month minimum in service to the Common Garden as well as participate in pre- and post-season cleanup commitments.

The Van Nest Community Garden gives preference to Kingfield residents living within three blocks of the garden. The Pleasant Community Garden reserves 20% of Personal Plots for tenant applications received by the due date; the remaining Personal Plots are open to any Kingfield resident. Persons not in these Preferred Categories may apply for Personal Plots but will be placed in a second round lottery for each site, if one is necessary.

For more information, please refer to the Garden Rules located at <http://kingfield.org/green/community-gardens> or pick-up a copy from the KFNA office. Questions on the Kingfield Community Garden Project should be directed to Sarah Linnes-Robinson, Executive Director, Kingfield Neighborhood Association, at sarah@kingfield.org or 612.823.5980.

SPRING INTO THE ARTS at the Center for Performing Arts

For 15 years, CFPA has provided the Metro area with music lessons, dance and theatre classes for both youth and adults. And it's all in our neighborhood, at 3754 Pleasant Avenue South! Discover what's new this spring at CFPA.

What's New for Youth?

Steppingstone Theater will offer 3-week sessions in Beginning Acting for Ages 9-12 at CFPA. Session 1 will be Wednesdays, March 10-24, 4:30-6:00 PM, and session 2 will be Saturdays, March 6-20, 2:00-3:30 PM. Contact them directly at www.steppingstonetheatre.org or call 651-225-9265 to register. Steppingstone also plans to offer classes this summer in a range of topics in theatre-making.

Young Dance, a long-time resident of the CFPA, is expanding their course offerings, now offering classes for children ages 7-12 with mobility impairments. Find more about this and a variety of other spring classes for kids of all abilities and ages, toddlers through teenagers, by visiting the Young Dance website at www.youngdance.org. Forms include modern dance and ballet, and even creative movement classes especially for boys! Spring Session III classes begin April 5 and run through May 15.

What's New for Adults?

This spring, CFPA has expanded Yoga offerings and will provide new classes in Tai Chi Chuan and Karate. Belly dancing, salsa dancing, Rosen movement, and body/mind practices in gyrotonics, massage, and energy-based work continue to be available at the Center.

Check It Out

CFPA invites neighbors to Open Houses on March 28th and April 25th from 1-4 PM. Open Houses are a great opportunity to visit the Center and try a new class. Free sample classes and events are announced at www.centerforperformingarts.net, or call CFPA at 612-821-9202.

Kingfield Community Art Show and Silent Auction

March 20, 7-10 PM • Rau+Barber, 4244 Nicollet Avenue

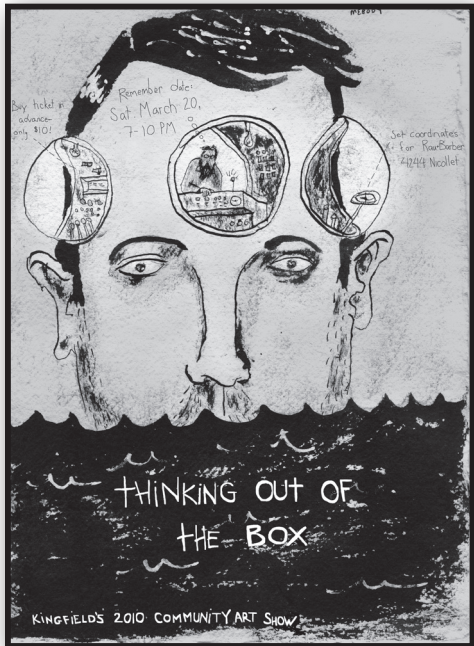
"THINKING OUT OF THE BOX"

Creative solutions, unusual juxtapositions, innovative use of materials—Kingfielders are a revolutionary crowd! At the 5th Annual Community Art Show, local artists and community members present art that represents ideas outside of the ordinary 4-sided straight walls of our regular world.

Tickets: \$10 presale/\$20 at the door/Cash Bar
Presale Tickets can be purchased at Anodyne or on-line at www.kingfield.org. Visit the on-line gallery at www.kingfield.org one week before the show!
Questions? Contact sarah@kingfield.org or call 612.823.5980.

SHOW PARTNERS:

Anodyne@43rd • Color Wheel Gallery • Johnson Design + etc
Leonardo's Basement • Rau + Barber • Victor's 1959 Café



Looking For Space To Do Your Work (or Play!) In The Neighborhood?

Check out these space rental opportunities to expand your business or just offer hourly classes. For more information, please contact the appropriate organization directly. To see more on these listings and other opportunities visit <http://kingfield.org/business-opportunities>.

1. **Nicollet Avenue storefront** (4244 Nicollet) can be used for parties, weddings, yoga classes, meetings, trunk sales, boutique events...whatever you desire. 400 to 6100 sq. ft. rentals available. Go to www.4244nicollet.com for more information.
2. **Center for Performing Arts** (3754 Pleasant) rents space to neighbors, artists, and creative practitioners on a short-term (hourly) basis. The two spaces available for hourly rental are the Sunroom (22x50, mirrors, hardwood sprung floor) and the Chapel (22x34, mirrors, barres, hardwood sprung floor). CFPA also rents private offices and studios on a longer-term basis ranging in size from 100 sf. to 600 sf. Availability and rates vary. For prices and details, call 612-821-9202 or e-mail info@centerforperformingarts.net.
3. **Nicollet Square** (3700 Nicollet) Retail Opportunity Available – 2,200 sf. of retail space at Nicollet Ave. and 37th Street, available late 2010. Special build-out and lease packages available for a business that will become a part of an employment program partnership with Nicollet Square residents. For more information, please see <http://kingfield.org/business-opportunities>. Come and learn about the spaces, lease packages, and the potential business opportunities on Tuesday, March 16, from 5:00-6:30 PM at 4244 Nicollet (the Rau+Barber space). RSVP for this event to JGarcia@plymouthfoundation.org or 612.871.0890.
4. **38 at 3804 Nicollet** offers street-level retail and office space. Get a 360 degree view at <http://38.landergroup.com/index.html> and contact Michael Lander at 612-825-4954 or michael@landergroup.com for more information.

Calendar of Events

The Minneapolis Trombone Choir • Judson Memorial Baptist Church 41st & Harriet Ave. S. • Free Will Donation at the door (suggested \$15.00).

Mon., Mar. 15

Community Garden Applications Due to KFNA (see page 3).

Tues., Mar. 16

Business Happy Hour for business owners interested in possible expansion locations, hosted by Plymouth Church Neighborhood Foundation and Rau + Barber. 4244 Nicollet Ave. (see page 4).

Wed., Mar. 17

Blaisdell & Bryant Avenue BikeLane Plan Open House 3537 Nicollet, Lyndale Neighborhood Association Office

Thurs., Mar. 18

Home Energy Workshops Pilgrim Lutheran Gymnasium 3901 1st Ave. S.

Sat., Mar. 20

7-10 PM

Thinking Out of the Box: Kingfield Community Art Show & Silent Auction • Rau+Barber, 4244 Nicollet Ave.

Sun., Mar. 28

1-4 PM

Thurs., April 1

7-8:30 PM

MLK Park Spring Fling • Cookie decorating, crafts, egg hunt and entertainment by Kids Dance. Online Registration required—register early!

Wed., April 7

KFNA Board Recruitment Party • Home of Marie Wolf, 4241 Garfield Ave. S.

Call 612.823.5980 to RSVP • Anyone interested is invited!

Fri., April 16

6-9 PM

Family Movie Night at MLK Park • Movie starts at 6:30 PM. • Movie title ("G" or "PG") to be announced—visit www.kingfield.org.

Sat., April 17

9:30 AM-Noon

2010 Earth Day Watershed Clean Up • Volunteers of all ages welcome. Join families from Youth and Schools Committee at the MLK Park clean up.

Sun., April 25

1-4 PM

Open House at CFPA • 3754 Pleasant Ave S.

Thurs., April 29

Dine Out for Life • Various Local Restaurants (see page 2).

Sun., May 23

Opening Day for Kingfield Farmers' Market • 4310 Nicollet Ave.

KFNA Thanks Our 2010 Business Sponsors!

Anodyne Coffeehouse • Butter Bakery Café
Center for Performing Arts • Color Wheel Gallery • DreamHost
Dunn & Semington • Gee Teez • Jordin Magico
Johnson Design + etc • Leonardo's Basement • Latin Eco
Nicollet Ace Hardware • Northrup Roofing & Exteriors
Rau + Barber Photography • Sebastian Joe's
Ungerma Construction • Victor's 1959 Café

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