

4th Annual Eating for Art

Thursday, September 16th, 2010 At Great Local Restaurants Near Your Home!



**HUNGRY FOR A BETTER-LOOKING NEIGHBORHOOD?** You can do something about it with the help of **Anodyne, Butter, Bryant Lake Bowl, Café Ena, Crema Café, Curran’s, Victor’s,** and other great local restaurants!

Once again, Eating for Art brings local restaurants together to raise money for arts programming and public art projects in the Kingfield and Lyndale neighborhoods. In past years, Eating for Art has raised money to support the award-winning Walldogs on Nicollet mural project, Family Arts Programming at Leonardo’s Basement, and Hosmer Library’s World Music and Dance program.

**WHAT TO DO:** Gather your friends on September 16th, and go Eating for Art! A percentage of your tab at participating restaurants will be donated to KFNA and LNA to be used for community-based arts programming in each neighborhood. For a complete listing of participating restaurants, check the KFNA website at [www.kingfield.org](http://www.kingfield.org).

**QUESTIONS?** Contact Sarah Linnes-Robinson at KFNA, [sarah@kingfield.org](mailto:sarah@kingfield.org) or 612-823-5980.

Remember, the more you eat, the better your neighborhood will look!

THE POWER OF A PATIO

Patricia recently moved into an older 10-unit apartment building on 40th Street and 1st Avenue in Kingfield. As with many such buildings, there was no place for residents to gather or to sit outside, except on the steps or sidewalk, and residents didn’t know one another. Then one day last spring, Patricia started asking herself ... what if we created a patio?

Patricia invited the other residents over for wine and hors d’oeuvres so they could get to know each other and talk about the patio idea. They knew that the landlord was cash-strapped, so they decided that to make it happen they would all contribute to cover the cost.

A small group of neighbors decided on the best place to put the patio, researched how to do it right, and got together everything they needed. They bought the pavers on sale, and got permission from the landlord. The layout they decided on was an octagon with room for a fire pit in the center. Even with a mathematician involved and lots and lots of string, the measuring took forever! One rainy night, Patricia and two other residents busted the sod and hauled it away, using recycling bins and a moving dolly, since they didn’t have a wheelbarrow. Fortunately, Patricia’s co-conspirator Matt had the kind of saw they needed to cut the pavers. As soon it was done, they set up a fire pit and some cheap Adirondack chairs they had bought, and the new patio was ready to use.

*People come together  
on the patio every day.*

The very next day, other residents started knocking on Patricia’s door with checks. And it has been worth every penny to all of them—their new patio has transformed their little corner of Kingfield. A real sense of community has emerged. People come together on the patio every day—not just from Patricia’s building, but from next door and across the street as well. Someone bought a grill for all to use. Sometimes someone brings a guitar. As others walk by, someone will call out: Are you going to the block party? Have you voted? For the first time, they all know each other’s names.

The ripple effects extend far beyond the patio. Patricia used the dirt they removed to create a raised bed garden. They started backyard composting. They have increased their recycling so much that they have had to get extra bins. Residents with dogs are keeping the poop cleaned up as never before. They’ve created a building bulletin board to share news. They welcome new residents into their community.

Now that they have seen what a difference it made for Patricia’s building, others are excited about how they could do this kind of “placemaking,” transforming their own buildings and blocks into communities. If you have your own ideas for building community in new and unusual ways, contact Sarah Gleason at [sarahg@kingfield.org](mailto:sarahg@kingfield.org) or 612.823.5980.



News We Can Use  
About Nicollet Avenue

Nicollet Avenue is slated for reconstruction beginning in 2012. In preparation, the Nicollet Avenue Reconstruction Steering Committee is asking all stakeholders for Nicollet Avenue—residents, business owners, and property owners (either on the street or near-by)—to complete a short survey that will be used to guide the design process of this important community corridor through both the Lyndale and Kingfield neighborhoods. You can find the survey at <http://kingfield.org/nicollet-avenue-news>. Tell your housemates and neighbors to complete this survey also, for the more information we can collect now at the beginning of the process, the closer the design and final construction can fit the desires of our community.

If you do not have internet access, or would simply prefer to complete your survey by hand, you can find hard copies outside the Kingfield Neighborhood Association office at #101, 3754 Pleasant Avenue South in the Center for Performing Arts. Just slide your completed survey under the office door if staff is not available to take it, or return it by mail to the address above. If you have questions regarding this survey, please contact Sarah Linnes-Robinson, KFNA Executive Director at [sarah@kingfield.org](mailto:sarah@kingfield.org) or 612-823-5980.

Celebrate 38th Street!  
on Saturday, Sept. 25th!

**Once again this fall, it’s time to Celebrate 38th Street!** Join your neighbors on Saturday, September 25th, for a full day of fun, food, and history on 38th Street. Activities in Kingfield will be clustered around 38th and Grand, Pleasant, and Nicollet.

Watch for the parade heading west on 38th Street from Nicollet to kick things off! Follow the classic cars to 38th and Pleasant, where the music and dance performances, kids’ activities, and food treats begin at 10 a.m. at the Center for Performing Arts.

Next, head up to 38th and Nicollet where you can grab a free hot dog for lunch—provided

along with music and prizes by Nicollet Ace Hardware—followed by free ice cream for dessert at 3800 Nicollet. Finally, head for 38th and Grand, where you can peruse a flea market in the Grand Cafe backyard, and end your celebration with an afternoon cocktail on Victor’s 1959 lovely outdoor patio. Of course, keep your eye out for tidbits of local history all along the way! Many more activities are in the works—check [www.kingfield.org/celebrate-38th](http://www.kingfield.org/celebrate-38th) for a complete schedule.

**Businesses, organizations and residents:**  
**What can you add to Celebrate 38?**  
Email [sarahg@kingfield.org](mailto:sarahg@kingfield.org) with your ideas. See you on 38th Street!

Art by the Public,  
For the Public in Kingfield

Kingfield’s 2010 Summer Public Art Project was a partnership with the Chicago Avenue Fire Arts Center (CAFAC), newly located at the intersection of 38th and Chicago, and was financially supported by Metropolitan Regional Arts Commission, the Plymouth Church Neighborhood Foundation, Hennepin County, and KFNA. The metal artwork that was created through the CAFAC SPEAK project by students at the Volunteers of America Phoenix High School will be incorporated into Nicollet Square, at 3700 Nicollet.

Youth at Phoenix High School spent two weeks working with spoken word artists, exploring the emotions and actions behind the concept, “Home is not a place, Home is....” The poetry was passed onto another group of students who interpreted the poetry into images. Both the images and words are built into the finished artwork, including the phrase inviting residents inside, because “home is a place to recharge yourself.”

The lifecycle imagery of the phoenix comes from both the poetry, “Home is where the bad feelings that lay beneath come to the light,” as well as from the name of



# From the KFNA President



This August, members of the KFNA Board and a few friends spent National Night Out on their bikes delivering Sebastian Joe’s ice cream from block party to block party. It has become an annual tradition—this is my fourth year doing it—and one that I hope continues for years to come. Judging by the reaction we get, I think that many in the neighborhood share my sentiment in this regard. Of course, it is hard not to be popular delivering vats of custom-made free ice cream to a block party on a 90-degree day.

This year’s flavor, Kingfield’s Sweet Deal, was designed by Sebastian Joe’s along with the 4100 block of Garfield—the residents’ reward for having the greatest participation in the CEE energy audit program so far (see article on page 3). Caramel, chocolate, toffee, and a curve ball of ginger all worked together and the flavor seems like another keeper, based on your initial feedback. It will have a hard time surpassing last year’s flavor, Nicollet Pothole, which has become increasingly popular at Sebastian Joe’s. (Read the *Southwest Journal* article on this flavor—a bit of “ice cream activism” from KFNA—if you have not already.)

National Night Out is about more than ice cream for KFNA. It is about connecting with the neighborhood, getting people on our e-mail list, putting some names and faces behind the weekly e-mail blasts and quarterly newsletter, and helping get Kingfield and its residents even more engaged than they already are. Thanks to everyone who helped organize a block party or who just spent a great summer evening outside with their neighbors. I’m already looking forward to next year, and next year’s flavor.

– Chris Sur, KFNA President

.....

## Body, Brain, and Basics (B3) Boot Camp for People Ages 50 and up

Workouts geared to your fitness level, fun and challenging brain games and exercises, and all the latest on brain research, exercise, and nutrition, as well as the social-worker-led class “Health Care Directives, Living Wills, Medicare and More.” Please wear comfortable clothing and sneakers to each class. Co-sponsored with Volunteers of America-MN’s Southwest Senior Center, the parks, and Minneapolis Community Education.

### • B3 BOOT CAMP •

Lyndale Farmstead Park – 3900 Bryant Avenue S.  
Sept 13 – 17 from 2:30 – 4:30 p.m.  
Oct 4 – 8 from 2:30 – 4:30 p.m.

Martin Luther King Park – 4055 Nicollet Ave S.  
Sept 27 – October 1 from 1 – 3:30 p.m.

**\$35 for the session – Must register at least one week prior to the start of the session.**

### • TAI CHI •

Intermediate Classes start Wednesday, 10 a.m., Sept. 8  
Beginner Classes start Monday, 10 a.m., Sept. 13  
Classes are held at:  
Southwest Senior Center  
3612 Bryant Avenue South

**For more information or to register for B3 Boot Camp or Tai Chi, contact Mary Ann at 612-822-3194 or mschoenberger@voamn.org.**

# Bus service at I-35W & 46th Street is focus of changes coming in December

Metro Transit soon will announce its final plan for restructuring bus service along I-35W South, including the Kingfield neighborhood. At the center of the changes is the new transit station at 46th Street, where customers can transfer between local buses on 46th Street and I-35W express buses that don’t have to leave the freeway. The two-level station features stairs and elevators, geothermal heating and cooling, high-efficiency LED lighting, and signs that display real-time departure information. Customers board local routes from the 46th Street level and express buses at the freeway level.

The plan also leads the way in bringing Bus Rapid Transit (BRT) service to the I-35W corridor in 2012. BRT service operates much like rail service, with fewer stops, enhanced customer waiting areas, and payment at stations prior to boarding.

Beginning in December, Route 535 will offer frequent (every 15 minutes during rush hours, every 30 minutes in midday and evening) express service between 46th Street and downtown Minneapolis from 5:20 a.m. to 11:20 p.m. on weekdays. Buses on Route 46, which travels on 46th and 50th streets, will be timed to meet express buses for easy, reliable transfers. Route 579 will offer express service between 46th and 50th streets and the University of Minnesota.

The plan was the focus of public meetings in June. Metro Transit staff have been revising the plan based on feedback received during the comment period. The final plan is expected to be approved by the Metropolitan Council in late August, and route changes will begin with the opening of the I-35W & 46th Street Station on Dec. 4. Details, including information about the transit station and an animation of how buses will enter the station from the freeway, are available at [www.metrotransit.org/35W](http://www.metrotransit.org/35W).

– Jill Hentges,  
Metro Transit Community Outreach Coordinator



## About the Kingfield Neighborhood Association (KFNA)

The Kingfield neighborhood runs from 36th to 46th Streets, between Lyndale Avenue and 35W.

**KFNA Office Location:**  
The Center for Performing Arts  
Room 101 • 3754 Pleasant Ave. S.  
Minneapolis, MN 55409

Phone.....612.823.5980  
E-mail.....info@kingfield.org  
Website .....www.kingfield.org

The KFNA board meets the 2nd Wednesday of the month at 7 p.m. at Martin Luther King Park, 4055 Nicollet Ave. S.

### 2010-11 KFNA BOARD OF DIRECTORS:

Chris Sur, *President*..... chris.sur@maslon.com  
Scott Bordon, *Vice President*..... scott@kingfield.org  
John Barber, *Treasurer*..... john@kingfield.org  
Brook Lemm-Tabor, *Secretary*..... brook@kingfield.org

Rachel Bond.....rachel@kingfield.org  
Mark Brandow .....mark@kingfield.org  
Tamera Eirten.....tamera@kingfield.org  
Brad Kalina .....brad@kingfield.org  
Arthur Knowles.....a.knowles@comcast.net  
Randy Niemiec.....randy@kingfield.org  
Destin Nygard.....destin@kingfield.org  
Marshall Onsrud.....marshall@kingfield.org  
Tom Parent.....thomas.parent@gmail.com

### KFNA STAFF:

Sarah Linnes-Robinson  
*Executive Director* ..... sarah@kingfield.org  
Sarah Gleason  
*Project Organizer*..... sarahg@kingfield.org

### KINGFIELD NEWS

If you are interested in writing, editing, designing, or taking photographs for the *Kingfield News*, call KFNA at 612.823.5980 or email at info@kingfield.org.

# BLOCK LEADERS: Connecting Blocks, Building Community

The most important thing all of us can do to prevent and fight crime is both simple and powerful: Get to know your neighbors! Those special neighbors who bring others together and keep them connected are the important people we call block leaders. Sometimes people think being a block leader means taking on a big responsibility. But even if “all” you do is plan an annual party, or maintain an email list, or keep the block contact map updated...you are a block leader!

The Kingfield Crime Prevention and Safety committee (CPaS) is working on identifying, connecting, and supporting Kingfield block leaders. In May, they hosted a block leader social gathering, where we heard all kinds of great ideas for bringing blocks together and connecting neighbors. If you missed it, never fear! Join CPaS and other Kingfield block leaders for the fall 2010 block leader gathering on Tuesday, October 19, 7 p.m. at MLK Park. Bring your ideas and questions, along with an appetite for homemade dessert treats!

# NICOLLET ACE HARDWARE, OUR LOCAL HARDWARE SHOP

In 1979, a young Julene Lind was hired to work at a hardware store on 4th Avenue. “They hired me on the spot—and asked for my last name two weeks later.” Julene was in love with the hardware business from the very beginning. She loved being busy and helping people solve problems; she even loved the smell of hardware stores. “I just couldn’t get enough of it. When there was a hardware-related seminar, I just assumed that I was going.” A few years later, the owners made her the manager of their other store at 38th and Nicollet, Nicollet Ace Hardware.

Small business was the right place for Julene. She was pretty sure she wouldn’t survive in the corporate world: “Rules are not for me!” she says. “A smaller company could accept my independence and free spirit. I’ve always been a motivated self-starter, but large corporations couldn’t see that.” The hardware store owners were really good small business owners, working six days a week, so Julene had two excellent teachers during her extended on-the-job training.

When the owners retired in 1986, Julene bought the business from them. Seven years later she decided to up the ante, and she bought the building from them as well. In 1991 her husband Steve came into the business. When Nicollet Lanes (the bowling alley/bar that occupied the rest of their building) decided it was time to call it quits, Nicollet Ace Hardware was able to expand. For 25 years, sales at the hardware store grew every single year—until the recent recession. 2007-08 was the first year that they saw sales decrease.

Julene is a big believer in the power of local business. “Money spent here goes back into the community. Small business provides a better value to all—a bigger bang for every buck. But a generation has grown up with big box retail, where the money flows out of the community. We need to get used to small business shopping again.” She is hopeful about the current “buy local” renaissance, and is a major supporter of the Kingfield Farmers’ Market.

Julene and Steve are clearly proud of the business they have built. They believe their success has been built on staying nimble as a company, and hiring people who are dedicated to helping and getting the right information to customers. Julene is proudest of the transformation they have brought to the exterior aesthetic of Nicollet Ace Hardware. She hopes that their son will take over the business when they retire, so that what they have built will continue into the next generation.





be living in Nicollet Square, many have experienced homelessness and are proud to help build a welcoming home for the Nicollet Square residents to recharge themselves and restore and renew their lives.

To learn more about the Chicago Avenue Fire Arts Center, visit <http://fireartscenter.blogspot.com>. To learn more about Nicollet Square, visit <http://kingfield.org/redevelopment/3700-nicollet>.

## Community Energy Services Continues to Help Homeowners

Last fall KFNA encouraged neighbors to participate in the home energy workshops and energy assessments led by the Center for Energy and Environment (CEE). More than 300 Kingfield households took advantage of this opportunity, an impressive percentage of the 1700 area households served to date by this program!

CEE continues to offer the workshops to Minneapolis homeowners, and although there is now a small fee for the home energy assessment, the workshop is still free. Upcoming workshops will not be held in Kingfield. Find locations and register by contacting Ashley Robertson at 612-335-5869 or [arobertson@mncee.org](mailto:arobertson@mncee.org). Additional information can be found at [www.mnces.org](http://www.mnces.org).

As a bonus, the City of Minneapolis is working with CEE to create a neighborhood competition based on attendance at these workshops. Cash awards will be given to the neighborhood associations that have the highest participation. Both past participants and those who take part in the coming year will be counted toward the final numbers for neighborhood grants. If you haven't already attended a workshop, sign up today!

### COMMUNITY ENERGY SERVICES PROVIDES:

- FREE educational workshops to teach homeowners how to lower their energy use and save money;
- Customized home energy visits from qualified professionals who will identify additional ways for residents to save in their homes. Up to \$400 in services and materials for a co-pay of only \$30;
- Personalized energy use inventory for the last 12 months and tracking for the next 12 months;
- Information on financing, incentives, and the federal tax credit. Participants also gain access to rebates available to only this program.

Funding for this project was provided by the City of Minneapolis and the Minnesota Environment and Natural Resources Trust Fund as recommended by the Legislative-Citizen Commission on Minnesota Resources (LCCMR).

## The Cling's the Thing for Your Kingfield Car

Following up on an idea from a neighborhood resident, the Kingfield Crime Prevention and Safety committee (CPaS) is promoting the use of Kingfield window clings in residents' cars.

The purpose of the Kingfield window cling is twofold:

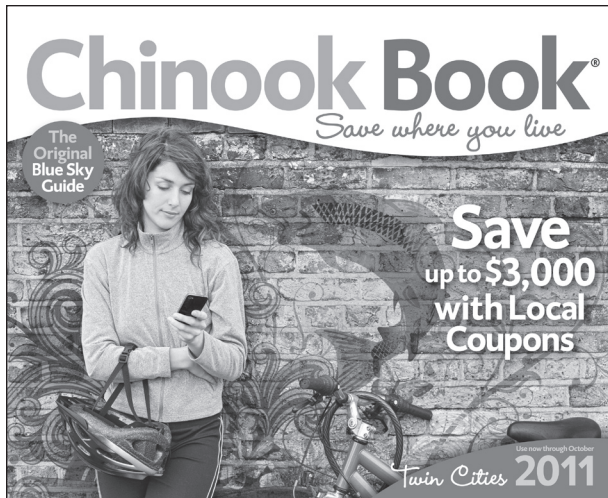
- 1 Show your community spirit and pride in the Kingfield neighborhood.
- 2 Help your neighbors to more easily distinguish cars that do and don't belong to neighborhood residents.

Join your neighbors in this community-building effort! Pick up your Kingfield cling from the KFNA table at the Farmers' Market, and display it in the curbside window of your Kingfield car. Free will donations will be accepted to help pay for cost of the clings.

Join CPaS every 3rd Tuesday, 7 p.m.  
MLK Park, 4055 Nicollet Avenue South.  
For more information on this committee of KFNA, visit [www.kingfield.org](http://www.kingfield.org) or call 612-823-5980.

the school. The phoenix is a mythical bird whose story weaves through many cultures. Besides being known as a phoenix, which comes from the Arabic culture, in China the bird is known as Feng-Huang, in Japan the Ho-oo, in Egypt the Benu, and by Native Americans as the Yel. The bird embodies both male and female, the ying and the yang, and lives for up to 1,000 years. It is a symbol of wisdom, and its tears can heal all wounds and even restore life. When it is time for the phoenix to die, it explodes into flames. An egg arises out of the ashes and the phoenix is reborn, carrying all its wisdom forward into its new life.

Like the phoenix, students at the Phoenix High School, as they pursue their education, are gathering wisdom and recreating their futures. Like the residents who will



## Blue Sky Guide/Chinook Goes on Sale in Sept.

We're launching our *Chinook Book* (formerly *Blue Sky Guide*) fundraiser in September to raise money for the 2011 Kingfield Community Gardens! The books are sold for \$20, and KFNA earns \$10 per book! Every penny of KFNA's profits will go toward the Kingfield Community Gardens.

This coupon book has been dubbed "The Best of What's Green and Local," and is a one-of-a-kind resource – a coupon book, a directory, a source of ideas and inspiration. The *Book* contains more than 300 coupons and resources for exploring our community and supporting local, sustainable businesses. Find hundreds of dollars in everyday savings with offers for Anodyne, HOURCAR, and Butter Bakery Café, even the soon-to-be-opening-in-Kingfield Blackbird Cafe, as well as other local and sustainable businesses! To see a complete list, please visit: [www.ecometro.com](http://www.ecometro.com).

To make your purchase, please visit the KFNA table at the Kingfield Farmers' Market, 4310 Nicollet Avenue South, any Sunday in September! Thanks for your work in greening Kingfield!

## Kingfield's Garden Walk

On Thursday August 5th, neighbors gathered for the second annual Kingfield Gardens Walking Tour. It was a perfect evening for a walk through the neighborhood while enjoying the beauty of our neighbors' hard work in their gardens. We saw a variety of water features, wonderful examples of garden design and layout, a garden packed full of edibles intermingled with a variety of perennials and trees and different types of paving, several other well designed vegetable and flower gardens, and some beautiful garden structures.

In all, we toured eight of our neighbors' yards and finished our tour at the new Kingfield Community Garden next to the Center for Performing Arts at 38th and Pleasant. Participants were able to see the fruits of a year's worth of hard work in building this community gathering place, with 12 personal garden plots—most shared by two gardeners—and a public sitting area and flower garden. It was in this new gathering space that we enjoyed some delicious snacks and beverages donated by Anodyne, Victor's 1959 Café, and Butter. Thank you to these businesses for supporting our community-building efforts!

We invited two neighborhood guests along on the tour with us, to share in our celebration of community and gardening. Vicky Vogels of Kingfield works with Minnesota Green, a program through which we were able to receive seed donations for our vegetable gardens and almost all of the lovely flowers in our common garden. Moira Bateman, a Kingfield landscape architect, also joined us and spoke of her installation that is currently at the Minnesota Landscape Arboretum. Bateman's work "Field to Table" is a large wooden dining table whose center is a planted field of produce grown by her collaborator, David Van Eeckhout, a local organic farmer. The work is an imaginative celebration of the local foods movement and the joys of community.

Thank you to all of you who came out to join us on the tour! Ticket fees collected from this tour are a direct donation to the Kingfield Community Gardens program, a part of the Kingfield Green Committee. We were able to raise just over \$200 with this fun event, which will help keep the water flowing and the bunnies at bay next year! Until the next tour, you can further support our community garden through your purchase of a *Chinook Book* (formerly called *Blue Sky Guide*) which will be sold at the KFNA table at the Kingfield Farmer's Market, 4310 Nicollet, every Sunday in September.

– Marnie Peichel, 2009 & 2010 Garden Tour Coordinator

## KINGFIELD COMPANY OFFERING PLUG-IN HYBRID CONVERSIONS

We are excited to announce the opening of ReGo Electric Conversions, a new Kingfield neighborhood company that converts hybrids to plug-in hybrid vehicles! A plug-in hybrid conversion is a cost-effective way to start transitioning our transportation sector towards a more environmentally sustainable model. The conversion, available now for any existing Prius hybrid, significantly increases fuel economy to 60-85 mpg for the typical commuter and increases the electric-only capacity of the vehicle by 10 times—up to 20 miles per charge.

We've been waiting a long time for plug-in electric vehicles in Minnesota. 17% of all carbon emissions in the U.S. are from light passenger vehicles (cars, SUVs and pickups), and vehicle emissions are the single largest source of air pollution in the country, posing a serious public health threat. By using electricity to power our cars instead of petroleum, we significantly reduce carbon emissions and air pollution. Even when powering the electricity on our current coal reliant grid, a plug-in conversion saves an additional 2,000 pounds of CO2 per year over a regular hybrid, and if you're powering the vehicle with renewable energy such as wind or solar, the reductions double to 4,000 pounds of CO2 annually! By shifting emissions from our tailpipes to power plants located far from urban centers (or even better, emission free renewable sources), air quality is significantly improved, reducing volatile compounds and carbon monoxide in our neighborhoods.

ReGo is our local opportunity to convert existing vehicles to next generation plug-in electric hybrids. 65% of all oil consumed in the U.S. is from transportation. A plug-in electric hybrid vehicle can displace 150 gallons of imported gas each year with local energy (and potentially, local renewable energy). And as a local company, ReGo has designed these systems to work in Minnesota's cold climate. Additionally, by converting vehicles versus providing new ones, ReGo is able to recapture the embedded energy that went into manufacturing the cars on the road already. (Embedded energy accounts for more than 10% of the total carbon emissions produced over a car's operating life.)

ReGo's motto is "better mileage is better for everyone." A Prius plug-in hybrid conversion by ReGo is \$4,995 plus tax and is eligible for a 10% federal tax credit. A conversion takes just two days, doesn't take any trunk space, and comes with a 2-year warranty on all parts and labor.

To learn more, stop by the ReGo office at 3920 Nicollet Avenue South (in the Mulroy's building) any weekday between 9 and 4pm.; Or stop by the ReGo table at the Kingfield Farmers' Market on Sunday September 19th. More information is also available at [www.regoelectric.com](http://www.regoelectric.com).

– Janell Vircks

### Stay Up to Date Between Issues of Kingfield News

Did you know that KFNA provides a weekly e-notice to supplement this paper? It includes meeting notices, special events, and classes. It is short, totally local, and occasionally witty! Anyone interested may subscribe by visiting [www.kingfield.org](http://www.kingfield.org) and, in the left column under "Subscribe to Weekly E-Newsletter," enter your email address.

KFNA provides this service free of charge to keep you up to date on neighborhood events and issues!



MEALS ON WHEELS DELIVERS

South Minneapolis Meals on Wheels (SMMOW) is a nonprofit program that delivers a nutritious noontime meal, Monday through Friday, to eligible clients. The Kingfield Neighborhood is one of the neighborhoods served by SMMOW.



Patrons of the Meals on Wheels program generally have difficulty with meal preparation because of illness or limited mobility. Meals consist of a hot entrée (meat or fish, potato or pasta, vegetable), salad, dessert (usually fruit), bread, and milk. They can be prepared to meet a client’s dietary needs, such as diabetic or low salt. The cost is \$4.75 per meal.

SMMOW has existed since 1973 and is supported by more than 20 local churches. Drivers are volunteers from

member churches. Meals on Wheels is more than a food-delivery program; it also serves as a safety check for clients. Drivers will alert the program coordinator if a client cannot be accounted for, or if a client seems to be experiencing any difficulty. In some instances, emergency personnel may be called. For some clients, the Meals on Wheels driver is the only personal contact they have each day.

If you, a family member, or a neighbor would benefit from this program, please call SMMOW’s coordinator, Pat Bolstad, at 721-5487.



46TH & GRAND IS TRULY GRAND!

On the afternoon of Sunday, August 15th,, crowds turned out for a summer celebration at 46th and Grand. King’s Wine Bar hosted their own first birthday bash, with a stellar lineup of local musicians, as well as burgers and brats on the grill. On the other side of 46th Street, Color Wheel Gallery was celebrating “Art of the People,” with a diverse sampling of local artists and artful activities, while Café Ena created a special opportunity to experience Mexican street food. And the newest business on this “happening” corner, Patisserie 46, welcomed a steady stream of both new and returning customers, sampling bakery treats and enjoying the lovely weather at the outdoor tables.

All in all, a truly grand day out in Kingfield!

KFNA Thanks Our 2010 Business Sponsors!

- Ace Nicollet Hardware • Anodyne Coffeehouse
- Butter Bakery Café • Center for Performing Arts
- Color Wheel Gallery • DreamHost
- EnergyScapes • Gee Teez • Jardin Mágico
- Johnson Design + etc • Leonardo’s Basement
- Litin Eco • Northrup Roofing & Exteriors
- Rau + Barber Photography • Sebastian Joe’s
- Ungerman Construction • Victor’s 1959 Café

When Will We Let the Dogs Out? Or, What’s Happening with the Kingfield Off-Leash Dog Park?



This July, at the first Park-Board-led community meeting regarding the creation of an off-leash dog area at MLK Park, concerns were raised by a contingency of local citizens that creating this space at Martin Luther King Park was disrespectful to Dr. King’s memory. Because of these concerns, the Park Board hosted a second meeting regarding the proposed Kingfield Dog Park on September 2.

KFNA supports the creation of this off-leash dog area and feels that fully utilizing the park land is the most respectful use of this natural resource in our neighborhood. KFNA is certain that the Park Board can determine a way to visibly honor Dr. King at the park named for him, while still allowing for a variety of recreational opportunities that include neighbors bringing their dogs to the park. KFNA stands by the creation of the Dog Park as both a community-building and safety-creating project. Positioning the off-leash area in a space that is not currently used for legal recreation can further help to create a park where neighbors want to gather within walking distance from their homes.

For all the latest news on this project visit the KFNA website at [www.kingfield.org](http://www.kingfield.org) and sign up for the weekly e-mail list on the left hand side of the page. Or contact either Sarah Gleason or Sarah Linnes-Robinson at the KFNA office, 612-823-5980, or contact us at [info@kingfield.org](mailto:info@kingfield.org).

Kingfield Neighborhood Association  
3754 Pleasant Avenue South  
Minneapolis, Minnesota 55409  
612-823-5980 – [info@kingfield.org](mailto:info@kingfield.org)  
[www.kingfield.org](http://www.kingfield.org)

NON PROFIT ORG  
US POSTAGE PAID  
PERMIT #30308  
MINNEAPOLIS MN

Kingfield’s Sweet Deal was designed by Sebastian Joe’s along with the \$100 block of Garfield. See From The President Article on page 2



Calendar of Events

- Fri. Sept. 10 Monthly Indoor Family Movies at MLK Park resumes! Visit [www.minneapolisiparks.org](http://www.minneapolisiparks.org) for schedule and titles!
  - Thurs. Sept. 16 Eating for Art • See cover story. Visit [www.kingfield.org](http://www.kingfield.org) for updated list of participating restaurants.
  - Thurs. Sept. 16 Nature Nuts Preschool Class and Youth Ceramics starts at MLK Park. Visit [www.minneapolisiparks.org](http://www.minneapolisiparks.org) to register for these, and other, classes.
  - Fri. Sept. 17, Oct. 1, 15, 29 Youth and Teen Skateboard Club • Sk8ers visit MPFB Skate Parks: Bottineau, Armatage, Brackett, Morris or Elliott.
  - Sat. Sept. 25 Celebrate 38! • See cover article. Check [www.kingfield.org](http://www.kingfield.org) for updated activities list. Located at various nodes along 38th Street all day.
  - Sat. Oct 2 It Pays to Change Kingfield Teen Event MLK Park—Visit [www.kingfield.org](http://www.kingfield.org) for more info
  - Tues. Oct. 19 Block Leader Gathering with CPAS Committee MLK Park Recreation Center
  - Nov. 2 Voting Day—visit <http://pollfinder.sos.state.mn.us> to find your polling site.
  - Oct. 31 Family Halloween Party • Wear your costumes and enjoy party games, light refreshments, and entertainment by “The Big Fun Show” at 3:15 p.m. at the 1st annual Southeast CSA Halloween Party at Fuller Park.
- The KFNA Board meets monthly on the 2nd Wednesday at MLK Park, 7 p.m., 4055 Nicollet Ave. S. Each meeting starts with a Community Forum, a chance for any neighbor or business to bring a question or concern before the board.
- Additionally, the following KFNA Committees meet at 7 p.m., MLK Park:
- Crime Prevention and Safety—3rd Tues.
  - Kingfield Dogpark—regular date TBD
  - Greens—new date to be determined
  - Youth & Schools—4th Monday
- Neighbors are welcome to attend any KFNA Committee meeting. Contact Sarah at 612.823.5980 or [info@kingfield.org](mailto:info@kingfield.org) for more info on committee action items and goals, or just show up at a meeting!